



TEEN CHALLENGE CANADA

2022 **IMPACT REPORT**

ANNUAL UPDATE



2023 marks Teen Challenge Canada's **50th YEAR ANNIVERSARY** of serving Canadians seeking freedom from addictions through our 12-month, faith-based, in-residence program.

We want to thank all those who have come alongside us, over the last 50 years, with faithful financial gifts and prayers. Your generosity has helped us reach thousands of individuals and families, and your ongoing support will allow us to continue assisting those in addiction for many years to come.

Celebrating
50 YEARS
TEEN CHALLENGE CANADA



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A MESSAGE FROM THE CEO

As Teen Challenge Canada enters our 50th year of operation, we are celebrating the amazing impact that the Lord has made in the lives of so many individuals and families who have suffered in addiction. I have been with Teen Challenge for 17 years, and I have observed the ministry evolve dramatically over those years and witnessed God's hand at work every step of the way!

In the last decade, we've seen an explosion in the availability of deadly manufactured drugs. Crystal meth, fentanyl, and even prescription drugs are now often the drug of choice. We've had to adapt and make changes to our treatment plans, addiction counselling methods, and more. However these changes and additions to our program, have not changed the spiritual emphasis at the heart of our ministry; we believe God is the catalyst for change, which allows individuals to experience true, long-lasting freedom from drug and alcohol addiction.



Glen Smeltzer

Approaches for dealing with addiction are varied, from safe injection, drug replacement to extensive counselling and therapies, and each has its place. Teen Challenge Canada's approach supports men and women seeking a permanent end to abusing drugs and alcohol, through our intensive, 12-month, faith-based program.

To continue assisting men and women across Canada, on their journeys to sobriety, Teen Challenge Canada has experienced a considerable period of growth — allowing for the addition of three new facilities and the expansion of two existing locations, for a total of nine centres with a combined 226 donor-funded long-term beds. Our greater size helps further our goal of helping those in addiction build a life free from drugs and alcohol, knowing that total abstinence from substances can transform families and communities.

I am grateful to work with a dedicated National Board and alongside a committed Senior Leadership Team, as we reflect upon our past 50 years of recovery service and envision a future of even greater impact for Teen Challenge Canada.

Thank you to all those who support and partner with us in the fight against addiction.

Glen Smeltzer
CEO, Teen Challenge Canada

SCAN ME



Scan for a special
message from our CEO

FROM OUR BOARD OF DIRECTORS



"More centres mean more people are helped each day, but also mean more staff and more costs. We are encouraged that God and our faithful donors are helping us meet this incredible need!"

Garth Jestley – Director, Teen Challenge Canada



"As a board, we are inspired by the integrity and genuine authenticity that we see throughout this organization."

Ivan Butler – Director, Teen Challenge Canada



"People in this ministry are united by a collective commitment to those trapped in chronic addiction, and a sincere desire to see them find true freedom in Christ!"

Beverley Muir – Director, Teen Challenge Canada



"Teen Challenge Canada is positioned to make an even greater impact on the addiction crisis, helping countless more individuals and families in the years to come."

Jonathan Lewis – Director, Teen Challenge Canada



"Faith in God permeates Teen Challenge Canada, bringing unity, hope, and purpose to all that we do!"

Rev. Devin Seghers – Director, Teen Challenge Canada



"For the last 50 years, Teen Challenge Canada has always been centred around the hope and freedom found in Jesus Christ. Our board and management team are committed to ensuring the passion of David Wilkerson never changes."

Brent Larsen – Director, Teen Challenge Canada

Thank you to all of our dedicated Teen Challenge Canada National Board members!
For a full list of those who serve on our National Board, see page 46.

FROM THE BOARD CHAIR

Gone are the days when addiction was primarily associated with alcohol and cigarette use. Today, Teen Challenge Canada strives to keep up with the latest, most innovative, and deadly drugs available. These require new solutions to support the men and women who come to our doors seeking help and hope. Teen Challenge offers effective solutions to address today's complex and challenging addiction issues – through faith-based, comprehensive recovery.

Throughout my almost 11 years on the Board and nearly three years as Board Chair, I have witnessed the increase in the current opioid epidemic across Canada. The country has seen a surge in near overdoses and death rates. In the wake of this crisis, families and loved ones have been directly impacted and are seeking solutions.

Teen Challenge Canada has responded to the increased demand for services by opening new facilities across the country and expanding our services even in the face of the COVID-19 pandemic. We have continued to strengthen our organization by improving staff training, enhancing our program, and upgrading our facilities.

I am grateful to my fellow board members, and honoured to work alongside a strong management team at Teen Challenge Canada, as I continue to see the tremendous work of the ministry firsthand. Graduates of the Teen Challenge program continue to live productive lives, many of them choosing to stay connected to the ministry that helped save them and their families. These indispensable individuals represent hundreds of others who have taken their lives back from addiction, actively encouraging current clients with, ***"You know, I've been there, I've done this, and you can do it as well."***

As we celebrate our 50th year of service this year, we are honoured to reflect upon the thousands of lives touched through our program. By God's grace, Teen Challenge Canada will continue to help men and women overcome addiction and embrace new life for another 50 years!

Thank you to all those who continue to support this vital ministry. Your financial support and prayers are making a difference in the lives of so many men and women. On behalf of the Teen Challenge Canada Board of Directors, thank you!



Irene Pfeiffer, C.M.

Irene E. Pfeiffer

Irene Pfeiffer, C.M.
National Board Chair

FROM GRADUATE TO STAFF THE TRANSFORMATIVE POWER OF TEEN CHALLENGE

At Teen Challenge Canada, we are incredibly proud and honoured to have served and witnessed more than 1200+ graduates succeed and complete the Teen Challenge program over the last 50 years!

We consider our ministry blessed to be able to hire many of our program graduates as staff members. These individuals have experienced the life-changing power of our faith-based program firsthand, and now choose to stay with the organization to give back and help others overcome addiction, as they themselves were helped. By becoming staff members, they are able to share their stories of transformation and inspire others on their journey towards recovery. Not only do they provide valuable support and guidance to current program clients, but they also serve as a living testament of God's hand at work in and through the Teen Challenge Canada program. Their commitment to helping others find lasting freedom from addiction, demonstrates the true impact of our program and the positive difference it can make in the lives of struggling individuals and families.

A sincere thank you to all Teen Challenge Canada staff for their commitment to continuing to do the critical work needed to support those in our care, their families, and communities. We know that the daily love and dedication shown to the men and women at our nine Teen Challenge Canada centres is truly impacting lives, every day!



LEGACY OF TEEN CHALLENGE



WAYNE FLONDERS • Spiritual Formations Coordinator, Graduated 1991

Before I chose the Teen Challenge program, I was a lost alcoholic and drug user without direction. Teen Challenge showed me how to find purpose and calling; after 30 years, I've never looked back.



MATTHEW HOLMES • CSW & Spiritual Formations Coach, Graduated 2018

Teen Challenge means to me that I have been set free from addiction, and now I give back to the Teen Challenge ministry by assisting other men in achieving the same liberation.



DEAN CRAWFORD • Development Officer, Graduated 2009

Addiction took everything from me, but because of Teen Challenge, I now have a beautiful wife and two children. Everything good in my life is because of Teen Challenge. It's a privilege to give back by serving as a staff member.



LISA POWER • Client Coordinator, Graduated 2013

Teen Challenge helped me learn to forgive and see my worth and purpose. This change in perspective has allowed me to move away from viewing myself as an addict and to see myself as capable of leading a fulfilling life. I give back to Teen Challenge because for the last eight years I have had the opportunity to work with the organization that played a crucial role in my recovery.



KELSEY REGIER • Kitchen Coordinator, Graduated 2020

Teen Challenge helped me turn my life around and overcome addiction! I give back to Teen Challenge by using my experience and knowledge of the program, as a Kitchen Coordinator, to help others succeed in recovery.

STATE OF ADDICTION IN CANADA

Did you know? Fentanyl is a synthetic opioid 50 times stronger than heroin. Its potency is such that a piece the size of a grain of sand can cause an overdose. So, it's no surprise that 76% of all drug overdoses across Canada, in the first six months of 2022, involved Fentanyl¹. Indeed, Fentanyl has dramatically increased substance abuse overdose deaths, killing thousands of Canadians every year.

With the increased risk of overdose, Teen Challenge Canada is working to create more access to our program and rehabilitation services for Canadians across all regions. To help facilitate this ambitious goal, we opened a brand-new centre in Eastern Ontario (Renfrew, ON) in 2022. We also began laying the groundwork for a strategically placed community office in Sudbury, ON. This addiction recovery office will connect social services, local non-profits, and Teen Challenge Canada to those who need it most, in hopes of building easily accessible pathways between our life-saving program and available services.

Teen Challenge stands alongside other non-profits, ministries, and government agencies in the fight against addiction.

The severity of the Canadian drug crisis, driven by Fentanyl, highlights the vital work of Teen Challenge Canada. Across the country, we are positively impacting the lives of those struggling with addiction through our 12-month, faith-based, in-residence program. Because of Teen Challenge Canada, lives are being transformed, families are being restored, and communities are being strengthened. *"In the first six months of 2022, approximately 20 Canadians died every day from drug overdose¹,"* said Glen Smeltzer, CEO, Teen Challenge Canada. *"It's these tragedies that drive Teen Challenge to stand alongside other non-profits, ministries, and government agencies in the fight against addiction."*

1. Source: <https://health-infobase.canada.ca/substance-related-harms/opioids-stimulants/>

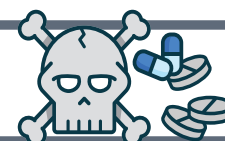
TEEN CHALLENGE CANADA NATIONAL STATISTICS

AN ESTIMATED **67,000 DEATHS PER YEAR** ARE ATTRIBUTED TO SUBSTANCE USE IN CANADA.¹



THE COLLECTIVE COST OF ALCOHOL ON THE CANADIAN HEALTH CARE SYSTEM IS **5.4 BILLION DOLLARS ANNUALLY**.²

ALCOHOL USE CAUSES NEARLY **7,000 NEW CASES OF CANCER** EACH YEAR IN CANADA.³



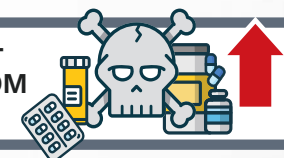
76% OF ALL DRUG OVERDOSES ACROSS CANADA, IN THE FIRST SIX MONTHS OF 2022, INVOLVED FENTANYL.⁴

OVER **3,500 PEOPLE DIED OF OVERDOSES** IN THE FIRST HALF OF 2022. THAT'S NEARLY 20 PEOPLE PER DAY!⁵



IN CANADA, THE RATE OF HOSPITALIZATIONS AND EMERGENCY DEPARTMENT VISITS DUE TO OPIOID POISONING HAS **INCREASED TO 15 HOSPITALIZATIONS PER DAY UP 25% SINCE 2019**.⁶

THE RATE OF DEATHS DUE TO APPARENT OPIOID TOXICITY **INCREASED BY 91% FROM APRIL 2020 TO MARCH 2022**.⁷



1. Source: <https://www.camh.ca/en/driving-change/the-crisis-is-real/mental-health-statistics>
2. Source: <https://www.cbc.ca/news/canada/nova-scotia/strang-alcohol-consumption-new-guidelines-1.6571343>
3. Source: <https://health-infobase.canada.ca/substance-related-harms/opioids-stimulants/>
4. Source: <https://health-infobase.canada.ca/substance-related-harms/opioids-stimulants/>
5. Source: www.cbc.ca/news/politics/changing-nature-canada-overdose-crisis-1.6694577
6. Source: <https://ccsa.ca/sites/default/files/2022-11/CCSA-Canadian-Drug-Summary-Opioids-2022-en.pdf>
7. Source: <https://ccsa.ca/sites/default/files/2022-11/CCSA-Canadian-Drug-Summary-Opioids-2022-en.pdf>

HOW WE SUPPORT THOSE WHO COME SEEKING HELP AT A TEEN CHALLENGE CANADA CENTRE

It is no secret that the media has begun to report on the gaps that are present in how Canada's medical community manages the current addiction crisis. With long waitlists and high entrance costs, it can be extremely difficult for individuals who need help to find it – especially when these people are desperate for help.

The Saskatchewan Health Authority reports the average inpatient treatment program is 28 days long. For many, this is not enough time in program to receive the treatment required to overcome substance abuse. Dr. Peter Butt, Chair of the Medical Section with Saskatchewan Medical Association states, *"Individuals require over 12-months to be considered in sustained remission from addiction."*¹

At Teen Challenge Canada, we know that the path to recovery is hard and time-consuming. Therefore, to support those who come to us seeking freedom from addiction, we offer individualized treatment programs through our 12-month, three-phase core program. From the moment a client steps through a Teen Challenge Canada centre door, they are surrounded by love, understanding, and support. Our yearlong program provides individuals with an accredited addiction counsellor who can help guide them through their recovery and teach them how to adapt to structure and overcome their addiction. Additional aspects of our program focus on community engagement, spiritual formation, work therapy, and leadership development – all of these aspects help provide the tools individuals will need to lead a productive life after they graduate the program. Individuals who choose to deepen their recovery after graduation, as part of our after-care program, may choose to work alongside Teen Challenge Canada staff as part of our Phase4 & Phase5 programs.

"Our cost-effective treatment option provides critical care that is accessible."

Furthermore, individuals seeking treatment may have to overcome financial barriers to treatment. Many programs cost thousands of dollars and for those who have alienated relationships and support systems, finding funds to cover the high cost of private treatment



"At Teen Challenge Canada, freedom from addiction is possible!"

– Matthew Barbour, *Director of Centre Operations*

is not attainable. At Teen Challenge Canada, because of our supportive donors, participants are only required to pay a one-time fee of \$1100 to receive a yearlong, in-residence program – this cost-effective treatment option provides critical care that is accessible. And at no time is anyone turned away due to financial burdens.

The economical, 12-month, in-residence program, offered by Teen Challenge Canada allows men and women in our care, time to learn to face their past, and embrace a new life. They respond to life-giving words and transforming prayers as they embrace God's truth about themselves. Through community with others in recovery, they learn to care and be cared for again. Serving each other and volunteering in the community reignites a desire to work and contribute. Then when ready, they return to their families, friends, and communities ready to make a difference and live a life free from addiction.

1. Source: <https://regina.ctvnews.ca/we-often-set-them-up-for-relapse-current-addictions-treatment-not-enough-for-sask-doctors-1.6130395>

TEEN CHALLENGE ORGANIZATIONS ACROSS CANADA

**GROWING STRONGER TO STRENGTHEN
COMMUNITIES ONE LIFE AT A TIME**



ORGANIZATION CONTACT INFORMATION ...

For detailed contact information for each Teen Challenge organization, please see pg. 47.



1
ALBERTA MEN'S CENTRE
PRIDDIS, AB



4
ONTARIO MEN'S CENTRE
LONDON, ON



7
EASTERN ONTARIO MEN'S CENTRE
RENFREW, ON



2
SASKATCHEWAN MEN'S CENTRE
ALLAN, SK



5
ONTARIO WOMEN'S CENTRE
AURORA, ON



8
ATLANTIC MEN'S CENTRE
MEMRAMCOOK, NB



3
PRAIRIE HOPE WOMEN'S CENTRE
HAGUE, SK



6
NORTHERN ONTARIO MEN'S CENTRE
SAULT STE. MARIE, ON



9
ATLANTIC HOPE WOMEN'S CENTRE
ST. JOHN'S, NL

TEEN CHALLENGE CANADA INC. | www.teenchallenge.ca

ADULT & TEEN CHALLENGE SOCIETY OF BC | www.teenchallengebc.com

ADULT & TEEN CHALLENGE OF CENTRAL CANADA INC. | www.teenchallenge.tc

TEEN CHALLENGE QUÉBEC | www.defijeunesse.org

TEEN CHALLENGE 12-MONTH BEDS



180

TEEN CHALLENGE CANADA



43

ADULT & TEEN CHALLENGE SOCIETY OF BC



14

TEEN CHALLENGE QUÉBEC



102

ADULT & TEEN CHALLENGE OF CENTRAL CANADA

POST-GRADUATE BEDS



46

TEEN CHALLENGE CANADA



14

ADULT & TEEN CHALLENGE SOCIETY OF BC



6

TEEN CHALLENGE QUÉBEC



36

ADULT & TEEN CHALLENGE OF CENTRAL CANADA

Teen Challenge organizations from across Canada are working together to be part of the solution to the addiction crisis. **Together, we provide 441 (core 12-month and post-graduate) beds** to serve men and women who want to find freedom from addiction.

The Teen Challenge yearlong program is intensive, but it works for men and women with entrenched addictions willing to embrace the hard work of personal addiction recovery. Our programs are truly making a difference in the lives of individuals, families, and communities across Canada.

**IMPACT
REPORT**

KEY ACCOMPLISHMENTS

2022 KEY ACCOMPLISHMENTS

1

Welcomed the first clients to the new Eastern Ontario Men's Centre (Renfrew, ON), bringing our total number of active treatment centres to nine.

2

Successfully transitioned back to in-person Gala Banquets and fundraising events (golf, rides, and runs), cancelled by pandemic restrictions.

3

Improved client care by completing major repairs and renovations at the Ontario Women's Centre (Aurora, ON) and the Atlantic Men's Centre (Memramcook, NB).

4

Strengthened organizational management and staff support by recruiting a Director of HR & Culture and a Director of Centre Operations.

5

Initiated engineering and detailed design plans for the complete replacement of the aging Ontario Men's Centre (London, ON).

2023 KEY PLANS

2023 KEY PLANS

1

Successful launch of our Addiction Recovery Office (Sudbury, ON); an inner-city outreach, helping individuals experiencing homelessness and addiction connect with recovery help.

2

Begin construction of a new client residence for the Ontario Men's Centre (London, ON), to replace the aging 100-year-old facility and provide an improved recovery environment.

3

Complete strategic planning process, developing a new 3-year plan to increase our impact and organizational reach.

4

Finalize plans and initiate capital campaign for the new Northern Ontario Men's treatment facility in Sudbury, ON.

5

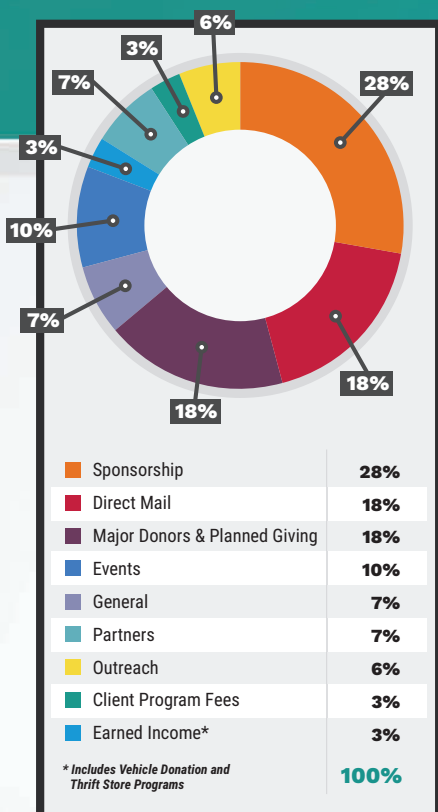
Improve mental health training for front-line staff dealing with the approximately 70% co-occurrence of mental health concerns with addiction.

6

Successfully transition the ministry to new, post-pandemic economy, inflation, and changing expectations.

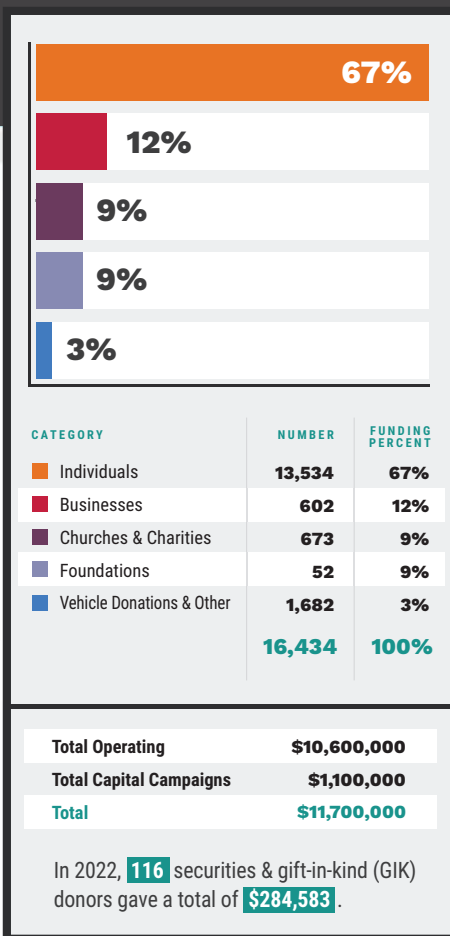


TEEN CHALLENGE CANADA DISTRIBUTION OF GIVING INCOME

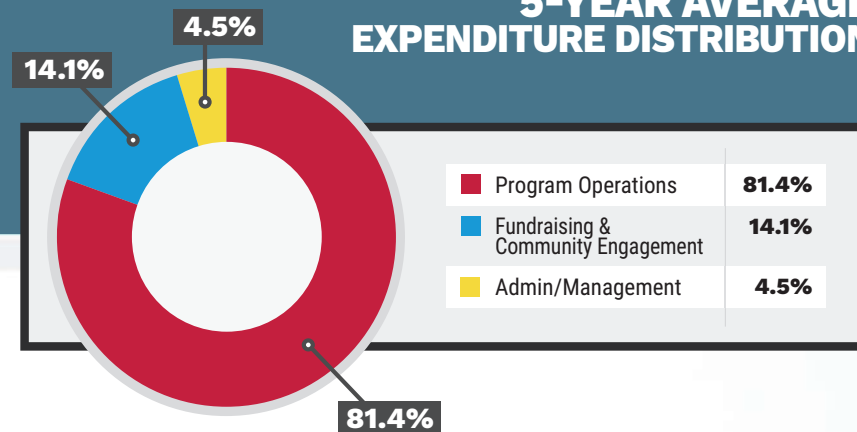


Thank you to the **16,543** donors who gave over **\$11 million** to help men and women experiencing addiction in 2022.

TEEN CHALLENGE CANADA DONOR DISTRIBUTION FINANCIAL SUPPORT



TEEN CHALLENGE CANADA 5-YEAR AVERAGE EXPENDITURE DISTRIBUTION



ADDITIONAL POINTS

- "Community Engagement" is our on-the-ground, community-focused programming, which includes pre-admission counselling, family support, graduate aftercare, Celebrate Recovery support groups, and other addiction awareness events.
- Client fees (\$1,100 per person) fund 2% of the overall cost of their yearlong program.
- The average monthly cost of a program bed is \$4,600 (incl. fundraising and admin).
- Teen Challenge Canada receives no ongoing government funding and is completely funded by donations.
- We keep our admin costs low (4.5%) by centralizing admissions, call centre, advertising, marketing activities, and event support for all our centres.

We are so grateful for your continued support as we care for more men and women at our centres and help strengthen more Canadian communities. Canada's addiction crisis is touching countless lives. Your financial gifts enable Teen Challenge Canada's life-changing message of recovery and freedom to reach as many individuals as possible, every day.

Teen Challenge Canada is committed to handling the finances entrusted to us with the utmost integrity. That's our commitment to you! This past year, **81.4%** of funds were used for program activities to benefit the men and women in our nine addiction treatment centres across Canada and **18.6%** for community engagement/addiction education and other expenses (see pg. 17).

"Teen Challenge Canada is committed to maintaining financial stability while continuing to grow and evolve as an organization. Thank you for your faithful donations. Your support is creating lasting change for so many across Canada!"
– Jim Palmer, Director of Finance, Teen Challenge Canada

SUPPORTING OUR LIFE-CHANGING WORK

With approximately 500 people directly attending services from Sunday to Sunday, Richmond Hill Pentecostal Church, located in Richmond Hill, ON, is thriving in the community. "The church has been supporting the Ontario Women's Centre in Aurora since 2008," says Pastor William Sloos. In addition to taking up financial offerings to help the Centre meet expenses, many church members also volunteer their time or are employed with Teen Challenge Canada.

"As a pastor, I've held chapel services for the Ontario Women's Centre and been on-site to support their ministries. It's not just about financial support, I think there's a real deep connection between our church and the local women's centre." Every year, the Ontario Women's Centre attends a Sunday service at the Pentecostal Church in Richmond Hill. They express their faith and testimonies through various styles of worship and musical expression.

The goal is not only to spread the message about the Teen Challenge Canada ministry, and what it has to offer, but also to raise awareness and inspire people to seek help for their loved ones struggling with addiction.

"There are always people in our church who are either struggling with or they know someone dealing with either an alcohol or drug addiction," adds Pastor Sloos, *"I think people have come to the church dealing with addictions, and in the past, a lot of times the message they received in church is just 'pray about it; it'll go away'. I'm thankful that churches all around, including ours, have become more vocal about the challenges of addictions. It's not something that you can simply 'pray away.' It's something that we need to provide whatever resources we can, to support somebody in getting free from substance abuse."*

"So many graduates of the [Teen Challenge Canada] program have come back into our church and have served and supported others in their desire for freedom," says Pastor Sloos, *"These people have done such a great*



Pastor William Sloos
& his wife Renee

SUPPORTING OUR LIFE-CHANGING WORK

job coming out of the Teen Challenge program, finding the healing that they need, and breaking free of the past hurts and brokenness. They're amazing people and it's a tremendous blessing to have them a part of our church family."

It is because of churches like Richmond Hill Pentecostal that Teen Challenge Canada is able to continue to provide life-changing addiction recovery to all those we serve. Support given by churches, businesses, and organizations from across Canada, through financial gifts, prayer, volunteering, and providing a community to those graduating our program, is life-giving and we are grateful for all those who continue to help us provide this critical work.

**Interested in having a Teen Challenge Canada representative bring a Ministry Team to your church or business? Our team will share a message of hope and testimonies of God's hand at work freeing individuals from drug and alcohol addiction. Connect with us by visiting ...*

www.teenchallenge.ca/ministry-team-choir



Richmond Hill Pentecostal Church
— Church Supporter Since 2008

WHAT ARE THE SIGNS OF ADDICTION?

According to a report published by Health Canada, toxic street drugs including fentanyl, killed nearly 20 Canadians per day in the first six months of 2022¹. The fear of losing someone to addiction is in the hearts and minds of many Canadians. Determining whether someone you love has an issue with addiction and needs help, can be very difficult.

Addiction is clinically referred to as a 'substance use disorder' and is a complex need of the brain and body that involves the compulsive use of one or more substances despite serious health and social consequences.

The signs of addiction are not always easy to recognize. Some people may not even be aware that they are struggling with drug addiction or alcoholism. The signs of addiction may include changes in weight, insomnia, mood swings or depression. However, the most common sign of addiction is the inability to stop using harmful substances despite knowing the negative consequences of use.

1. Source: cbc.ca/news/politics/changing-nature-canada-overdose-crisis-1.6694577

HOW TO TALK TO YOUR LOVED ONE ...

"At Teen Challenge, we know that it is not easy to talk to a loved one about getting help with their addiction. It can be a difficult conversation and it's important that you are prepared for it," says Mark Webb, Director of Program for Teen Challenge Canada.

If you want to encourage your loved one to get help, some of the benefits you can offer to them about Teen Challenge Canada include its yearlong, three-phase core program, which provides time for clients to heal physically, spiritually, and mentally.

To get help today, visit www.teenchallenge.ca/gethelp



2022 PROGRAM STATS

At Teen Challenge, we acknowledge that overcoming personal addictions is hard work. For many, receiving treatment at a Teen Challenge Canada centre, means leaving their families and communities behind and committing to a yearlong program. Our prayer is that all who come through our doors are able to complete our program, but we recognize that many choose to leave before graduating for a variety of reasons. But even if individuals make the choice to leave early, we know valuable skills were taught, hard earned victories during addiction counselling sessions were won, and God's hand is continually at work in their lives.

TEEN CHALLENGE PROGRAM STATS

Applications Received	1,087	Admissions	237
Interviews/ Assessments	425	Graduations	56

TEEN CHALLENGE CLIENTS IN PROGRAM

Average number of clients in the program in a week	104	Hours of work therapy	102,752
Hours in the classroom	64,896	Hours of addiction counselling	6,327

DRUG OF CHOICE FOR CLIENTS IN 2022

Alcohol	87%	Cocaine	37%
Cannabis	14%	Opioids	16%
Amphetamines (including Crystal Meth)			24%

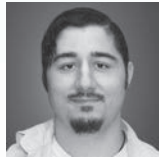
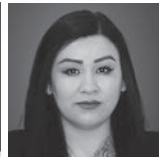
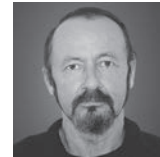
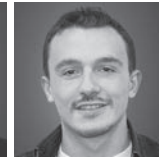
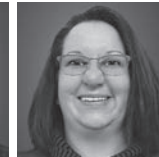
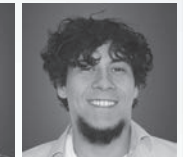
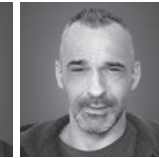
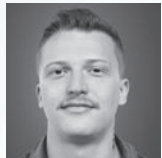
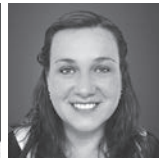
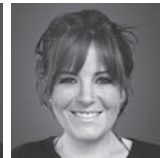
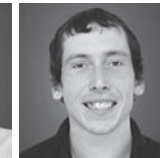
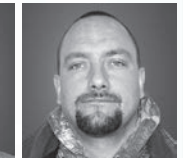
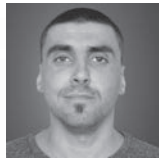
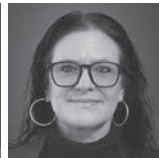
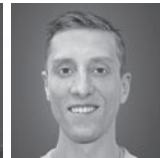
"We know that the daily love and commitment shown to the men and women at our Teen Challenge Canada centres, is truly impacting lives and families. To all of our centre staff, volunteers, and mentors ... thank you!"

— Glen Smeltzer, CEO, Teen Challenge Canada

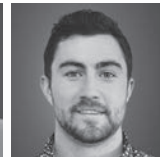
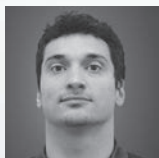
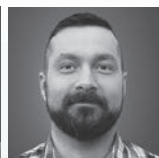
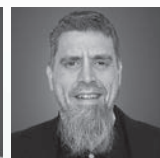
2022 GRADUATES

ACROSS CANADA

GROWING STRONGER TO STRENGTHEN COMMUNITIES ONE LIFE AT A TIME

AARON R.
Steep Creek, SKTARA A.
Summerside, PEIKELSEY W.
Regina, SKSPYRO M.
Scarborough, ONJADE S.
Prince Albert, SKERIN B.
Waterloo, ONAUSTIN M.
Long Harbour, NLCHRISTIAN A.
Prince Albert, SKALEXIS R.
Guelph, ONKAITLYN A.
Dallas, TexasCHRISTOPHER S.
Kingston, ONTRISTAN L.
Toronto, ONJOSEPH M.
Keweenaw, ONMOSES R.
IndiaFRED H.
Chatham, ONMAXIM B.
Toronto, ONCHAD T.
Edmonton, ABAPRIL M.
Windsor, ONJAYDIN V.
Meadow Lake, SKRODERICK P.
Amherst, NSADAM S.
Calgary, ABMARK G.
Kindersley, SKMATHIAS I.
Toronto, ONROBERT A.
Toronto, ONCALEB G.
London, ONKENDRA N.
Kingston, ONCOSTA G.
Moncton, NBCARSON R.
Halifax, NSMARTA K.
PolandESTHER T.
Peterborough, ONBROOKLYN B.
Fort Erie, ONNATHAN F.
Calgary, ABWAYNE C.
Brockville, ONJOSHUA G.
St. Thomas, ONNICHOLAS M.
Calgary, ABCOREY L.
Pickering, ONMELIA S.
Regina, SKROSS K.
Calgary, ABRENE C.
Toronto, ONPAVEL V.
BelarusTAMILEE L.
Barrie, ONTHOMAS B.
Leduc, ABJOHANNES O.
St. Catharines, ONINGRID B.
Thompson, MB

Congratulations!
Teen Challenge Canada Graduates of 2022

STEVEN B.
York, ONKEVIN L.
Hamilton, ONKEENAN H.
Saskatoon, SKRICHARD J.
Meadow Lake, SKKYLE S.
Ottawa, ONSTEPHEN M.
Charlottetown, PEIRICK R.
St. John's, NLROBERT G.
Sudbury, ONJACOB W.
Ottawa, ONDUMISO M.
Zimbabwe, AfricaCONNOR C.
Edmonton, ABSCOTT D.
Oakville, ON

A PRAYER FOR OUR GRADUATES ...

Heavenly Father,
We thank you for the courage and strength you have given to the 2022 graduates of Teen Challenge Canada. We pray for your guidance and protection, that you will help them to stay strong and brave in their journey of recovery.

We ask that you would provide them with the resources and support they need to stay on the right path and to make wise decisions for themselves and their families. Help them to find peace and joy in the days ahead and to always remember that you are walking with them each step of the way.

In Jesus' name, Amen.

YOUR FUTURE IS FULL OF HOPE AND HAPPINESS



Sandra Torres at Bible College in Saskatchewan

If Sandra Torres could speak to her addicted self, she would say, *“Don’t be afraid to seek treatment. No one will look down on you.”* She would add, *“Your future is full of hope and happiness, and you will be an encouragement to those around you.”*

In 2020, Sandra bravely sought treatment at a Teen Challenge Canada Women’s Centre, where she learned to rely on God instead of alcohol. *“I used to drink until I passed out to forget about my problems.”* Now Sandra asks God, *“What are you teaching me? How do you want me to handle this situation?”* On hard days she practices self-care by *“going for walks, watching a movie, or singing.”*

At the Teen Challenge Prairie Hope Women’s Centre (Hague, SK), Sandra revived her natural organizational abilities and learned to cook. *“I like to make spaghetti and meatballs,”* says Sandra, who lives in mature student housing at Bible college. To deepen her recovery, Sandra, as a Teen Challenge graduate, completed the Phase4 program and helped other women in recovery at Teen Challenge Canada. *“In Phase4, I continued to access addiction counselling while building my leadership skills.”* Now in her second year of Bible college in Saskatchewan, Sandra leads two Christian small groups and is on the college’s events committee.

Sandra acknowledges the importance of a supportive community in maintaining sobriety. She lived with another Teen Challenge Canada graduate in her first year at Bible College and she continues to connect with Teen Challenge mentors and friends. In addition, her parents are a vital source of support. *“I am thankful they never gave up on me.”* Sandra has some tips for graduates who are returning to their communities. She says, *“Always turn to God and your support system for help, and don’t forget to keep doing what you learned in the program – and remember, recovery is a lifelong process!”*

“You will be an encouragement to those around you.”

— Sandra Torres, Teen Challenge Canada Graduate 2021

GRADUATES ARE KEY PLAYERS WITHIN OUR STAFF ACROSS CANADA

Upon graduation from the Teen Challenge Canada 12-month, three-phase program, graduates may have the opportunity to continue their journey with Teen Challenge Canada through Phase4 and Phase5 graduate programs. About 25% of our staff members across Canada are graduates, making them key players in our ministry.

From centre directors, to front-line staff, to regional development team members, graduates are inspiring and encouraging all those who enter our program. Our graduates represent a significant part of our ministry and are the reason why many individuals, start or continue their own journeys to sobriety through the Teen Challenge Canada program. *"Our graduates have real-life personal experience. This gives them credibility with men and women in the program,"* says Don Trepanier, Chief Program Officer, Teen Challenge Canada.

"Teen Challenge graduates have real-life personal experience. This gives them credibility with men and women in the program."

— Don Trepanier, Chief Program Officer, Teen Challenge Canada

Matthew Holmes, is a CSW Supervisor and has been a staff member for over a year, working directly with clients to ensure they're getting the hands-on support they need. Having graduated from the program in 2018, Matthew continued on to get his Bachelor of Theology and worked in his field before being called back to work for Teen Challenge Canada. *"I felt like it was God's will for me to come back,"* says Matthew.

Dean Crawford graduated from the program in 2009. After working with Teen Challenge for several years and then at a variety of executive positions across Newfoundland, Dean rejoined the staff of Teen Challenge Canada in 2021 as a Development Officer. *"I just said to my wife, Teen Challenge is the only work that ever gave me a sense that I was doing something meaningful and worthwhile."*

Teen Challenge graduates are a living legacy that demonstrates the power of God to transform those in addiction. Graduates bring healing and hope to their families and communities, and we are grateful to train, mentor, and empower these inspiring individuals to lead full and productive lives.

ROAD TO RECOVERY

CORE PROGRAM

PHASE1 (MONTHS 1-4)

Men and women stabilize as they detoxify their minds, bodies, and spirits. An Accredited Addiction Counsellor helps clients create a treatment plan and work through emotions and personal trauma. During this phase, clients learn to adapt to structure, live and work with others, and cope with their pain caused by addiction – unfortunately, due to the challenging nature of this work, only about half of our clients choose to continue to the next phase.

PHASE2 (MONTHS 5-8)

Clients continue to learn about themselves and the Bible. They continue to create healthy routines, hone employment skills, volunteer in the community, and share their recovery stories at churches and businesses.

PHASE3 (MONTHS 9-12)

During the final four months of our core program, clients create an exit strategy and a relapse prevention plan. They develop leadership skills, mature in their faith, and where possible, improve family relationships.

AFTERCARE PROGRAM (POST GRADUATE)

PHASE4 (MONTHS 12-24)

If a position is available, graduates can choose to stay at a Teen Challenge centre for an additional 6 months to 1 year. They work alongside staff and current core program clients while continuing in a mentoring relationship with a counsellor and staff members.

PHASE5 (MONTHS 24-36)

If a position is available after a successful completion of a Phase4 Program, Phase5 graduates are hired in a staff position supporting a local Teen Challenge Canada centre. They join a church, attend Celebrate Recovery meetings, and begin to give back to society.

* Aftercare Assistance is provided to all graduates to support them in their hard-won recoveries. Graduates are connected with our National Aftercare Coordinator to ensure successful reintegration into society.

GET HELP TODAY!

Over the last two years, the Canadian Government reported a 91% increase in opioid toxicity deaths in Canada. Likewise, the Canadian Mental Health Association continues to report that 1 in 5 Canadians will meet the criteria for addiction in their lifetime, and the rise in mental health issues, stemming from the pandemic, has further fueled the addiction crisis in Canada.

Many in addiction describe 'needing' drugs and alcohol 'just to feel normal' and how drugs and alcohol slowly took over every aspect of their lives. At Teen Challenge Canada we know that addiction gradually ruins everything that is good in someone's life – family, friends, work, and hobbies become collateral damage. When someone in pain finally says "no more" to addiction, we are ready to respond with local treatment beds available across the country. Teen Challenge Canada is there for those who need help.

With nine centres across the country, united under one ministry, the Teen Challenge Canada program offers individuals an opportunity to find help, hope, and freedom from life-controlling personal addictions.

Within our core faith-based, 12-month, in-residence program, men and women make the life changes necessary to live a life free from substance abuse. We provide aftercare resources – crucial support after graduation to reduce the dangers of returning to substance use, during the difficult adjustment period following treatment. For those who need to further deepen their recovery, there are opportunities for graduates to spend an additional 6 to 24 months in-residence at a Teen Challenge Canada centre, working alongside staff as part of our Phase4 and Phase5 programs.

Addiction doesn't happen overnight, and neither does real change. For those struggling with personal addiction, the fear, shame, and guilt can pile up – but there is hope! At a Teen Challenge Canada centre you will not be alone on your journey to recovery. Our compassionate staff will help you overcome obstacles, celebrate your individual successes, and support you as you return restored to your family and community. It will be hard work, but for those who want help overcoming their addictions, the Teen Challenge Canada ministry is here when someone is ready to take their first brave steps to recovery!

Start your road to recovery with Teen Challenge Canada today!


TEEN CHALLENGE

GET HELP TODAY

THERE IS *hope* ...LET US *help*

Teen Challenge is an in-residence drug and alcohol rehabilitation program with centres located across Canada.

1-877-343-1022

FOR MORE INFORMATION, VISIT US AT WWW.TEENCHALLENGE.CA



Scan the QR code to watch our "Get Help Today!" video or learn more at

www.teenchallenge.ca/get-help



A 50 YEAR HISTORY

TEEN CHALLENGE CANADA TIMELINE

1970s

- 1973** • Teen Challenge Canada began as Teen Challenge Hamilton and starts with a drop-in coffee house in Hamilton, ON

1980s

- 1983** • Teen Challenge Hamilton expands operation to 14 beds
1989 • Teen Challenge Hamilton becomes Teen Challenge Ontario

1990s

- 1990** • The ministry in Hamilton, ON moves to London, ON and opens as the Teen Challenge Farm; a 20-bed, 12-month program
1999 • Teen Challenge North opens in Sault Ste. Marie, ON

2000s

- 2004** • Teen Challenge Ontario becomes Teen Challenge Inc.
 • Teen Challenge Alberta Society treatment centre (founded in 1986) is acquired by Teen Challenge Inc. and becomes the Alberta Men's Centre
2005 • Prairie Hope Centre is acquired and later rebranded as the Teen Challenge Saskatchewan Men's Centre
2006 • Former seminary in Memramcook, NB is acquired (2005) and the Atlantic Men's Centre is launched
2008 • Teen Challenge Inc. launches its first in-residence treatment centre for women in Aurora, ON, which later is named the Ontario Women's Centre

2010s

- 2010** • New Connections Ministries donates a property that will become a future centre in Eastern Ontario
2011 • Property in St. John's, NL is purchased from Crossroads Christian Communications
2013 • Teen Challenge Farm in London, ON is rebranded as the Ontario Men's Centre

A 50 YEAR HISTORY

TEEN CHALLENGE CANADA TIMELINE CONT...

2010s

- 2014** • Teen Challenge Inc. becomes Teen Challenge Canada
2018 • Property near Sudbury, ON is purchased for future home of the Northern Ontario Men's Centre
2019 • Teen Challenge Canada launches the new Atlantic Hope Women's Centre (St. John's, NL) and the new Prairie Hope Women's Centre (Hague, SK)

2020s

- 2020** • Teen Challenge Canada centres feel the effects of COVID-19. Program operations are adapted to local health agency restrictions across the country
2021 • Renovations are completed and the Eastern Ontario Men's Centre prepares to open
2022 • Eastern Ontario Men's Centre in Renfrew, ON, welcomes first clients
 • Teen Challenge Canada prepares to launch a new community Addiction Recovery Office in Sudbury, ON

LOOKING AT OUR HISTORY ...

This year, Teen Challenge Canada celebrates 50 years of service. As we reflect upon our history, we are reminded of our program's long-standing commitment to help men and women overcome addiction, and experience changed lives free from drugs and alcohol. Beginning with the work of George Glover in the 1970s, our program has continually adapted and evolved into the ministry we know today.

Our history is a testament to the power of God and the hope and faith in the lives of those we serve. We are grateful for all those who have supported Teen Challenge Canada and look forward to continuing our mission of helping individuals overcome addiction and lead full and productive lives.

Celebrating
50 YEARS
 TEEN CHALLENGE CANADA

FAITH IS ESSENTIAL TO RECOVERY

The Teen Challenge Canada program builds on Christian principles, which provide a unique perspective when working with those in addiction. Our approach emphasizes the power of faith in overcoming addiction and encourages long-term sobriety.

Faith is a central part of the Teen Challenge program; as Zach Drew, Director of the Saskatchewan Men's Centre explains, *"The themes of redemption, forgiveness, and second chances are essential for individuals struggling with addiction to hear. As a graduate of the Teen Challenge program, I can personally attest to this."*

While faith is a significant aspect of the Teen Challenge Canada experience, clients are not required to adhere to a specific faith tradition to participate in our program. Instead, we ask that they come with a willingness to learn and to engage with the program. Robyn Arcand, Director of the Prairie Hope Women's Centre adds, *"A Teen Challenge Canada Centre provides men and women with a sanctuary and the opportunity to heal through our faith-based program. The journey will be challenging, but staff and volunteers are here to support those willing to try the Teen Challenge approach."*

"We provide men and women with a sanctuary and the opportunity to heal through our faith-based program."

Teen Challenge Canada's faith-based addiction recovery program offers a safe and supportive environment for individuals to address the underlying causes of their addiction – giving men and women an opportunity to transform their thinking and their actions.

While our program is not the only not-for-profit faith-based treatment program in Canada, it is an essential part of the solution to Canada's addiction and mental health crisis. Our practical, faith-based approach helps individuals struggling with substance abuse reclaim their lives. *"If you or someone you know is struggling with addiction,"* says Greg Cornelsen, Director of the Alberta Men's Centre, *"... we want you to know there is hope, and we can help."*

For more information regarding applying to the program, go to page 29.

CENTRE LOCATIONS



ALBERTA MEN'S CENTRE
Priddis, AB



Greg Cornelsen
Phone: 403.931.3501
Toll Free: 1.800.856.8902



SASKATCHEWAN MEN'S CENTRE
Allan, SK



Zach Drew
Phone: 306.257.3325
Toll Free: 1.877.396.9152



PRAIRIE HOPE WOMEN'S CENTRE
Hague, SK



Robyn Arcand
Phone: 306.225.2213
Toll Free: 1.866.663.7060

SUBSTANCE USE STATISTICS

PRAIRIE REGION ALBERTA	4 PER DAY	In 2021, an average of four people died per day, due to related opioid overdose deaths across Alberta. ¹
	444	Alberta saw 444 substance abuse overdose deaths during the first quarter of 2022. ²

1. Source: <https://www.canada.ca/en/health-canada/news/2022/07/government-of-canada-announces-over-11-million-to-support-people-who-use-substances-in-edmonton.html>

2. Source: <https://calgary.ctvnews.ca/alberta-opioid-deaths-could-still-hit-grim-record-despite-decrease-from-december-1.5939141>

PRAIRIE REGION SASKATCHEWAN	421	In 2022, 421 people in Saskatchewan died due to drug overdose. ¹
	2X	2022 overdose deaths in Saskatchewan have more than doubled since 2018. ²

1. Source: https://heartradio.ca/ctv-news-content/sask-sets-another-record-for-overdose-deaths-in-2022-1.19043153?_cid=ee

2. Source: <https://regina.ctvnews.ca/sask-sets-another-record-for-overdose-deaths-in-2022-1.6221178>

*For Prairie Region resources, drug stats & articles, go to www.teenchallenge.ca/resources

TEEN CHALLENGE IS ONE MINISTRY WITH MANY LOCATIONS

The Teen Challenge Canada program is consistent and standardized across all of our nine centres in Canada, ensuring that every client participating in the program will receive the same level of care and support, no matter which centre they attend.

From Newfoundland to Alberta, the Teen Challenge Canada experience is the same across all locations. *“Teen Challenge Canada is one ministry with many locations,”* said Debbie Hurley-Laing, the new Ontario Women’s Centre Director since August 2022. *“Our program creates a structured and supportive environment, encouraging clients toward success.”*

Addiction recovery is a complex and multi-faceted process. As individuals gain insight into their addiction, it’s not uncommon for them to regret their choices during active addiction. The Teen Challenge program provides a supportive environment where clients can come to terms with their past and move forward toward a fresh start. *“The Teen Challenge program offers a unique perspective on forgiveness, drawing on Biblical principles and teachings that can guide individuals seeking to move forward from their past,”* says Chuck Butler, Director of the Ontario Men’s Centre. *“This guidance allows them to take responsibility for their actions, forgive themselves, and take control of their lives moving forward.”*

“Our centres provide a physically and emotionally safe environment where men and women can begin to find support and strength as they work to overcome their addictions.”

All Teen Challenge Canada centres focus on integrating faith, community, and relationships into their approach to addiction recovery. Mark Petingalo, serving as the new Director of the Northern Ontario Men’s Centre since December 2022 says, *“It doesn’t matter where you are in Canada. Our centres provide a physically and emotionally safe environment where men and women can begin to find support and strength as they work to overcome their addictions.”*

Teen Challenge Canada, one ministry, one high-quality program, with nine centre locations.

For more information regarding centre locations across Canada, go to page 12-13.

CENTRE LOCATIONS



ONTARIO MEN’S CENTRE
London, ON



Chuck Butler
Phone:
519.652.0777
Toll Free:
1.888.417.7777



NORTHERN ONTARIO MEN’S CENTRE
Sault Ste. Marie, ON



Mark Petingalo
Phone:
705.942.7771
Toll Free:
1.800.480.3153



ONTARIO WOMEN’S CENTRE
Aurora, ON



Debbie Hurley-Laing
Phone:
905.727.3913
Toll Free:
1.877.979.7770



EASTERN ONTARIO MEN’S CENTRE
Renfrew, ON



Matthew Barbour
Phone:
343.361.1011
Toll Free:
1.877.568.8282

SUBSTANCE USE STATISTICS

ONTARIO REGION ONTARIO	10 HOURS	Every 10 hours someone dies from an overdose in Ontario. ¹
	2277	During 2021, Ontario saw 2,277 overdose-related deaths. ²
	92%	Fentanyl was found in 92% of all overdose fatalities in Ontario. ²

1. Source: <https://ontario.cmha.ca/wp-content/uploads/2018/05/CMHA-Ontario-Reducing-Harms-Updated.pdf>

2. Source: <https://thepointer.com/article/2022-06-12/as-peel-s-overdose-rate-surpasses-toronto-s-region-addresses-opioid-crisis-pushes-safe-injection-sites-decriminalization>

*For Ontario Region resources, drug stats & articles, go to www.teenchallenge.ca/resources

TIME MAKES THE DIFFERENCE FOR MANY

According to the Discovery Institute, nearly 80% of people who complete short-term drug and alcohol rehab programs will relapse at some point in the first year.¹ However, if recovery can be sustained for a year or more, the odds of success increases exponentially.

At Teen Challenge Canada, we understand that a long-term recovery program is not for everyone. But there are benefits for those willing to do the hard work of addiction recovery. We offer a 12-month program because we know this extended time helps set our clients up for the greatest ongoing success. Day after day, while in program, men and women in our care make decisions to face their pasts and choose a new life. They begin to experience personal change that can propel them forward into a future free from addiction.

Our aim is to help men and women reorient their lives and rebuild themselves, but this process takes time. That is what the Teen Challenge Canada program offers to all who come through our doors seeking freedom from their personal addictions.

"Our 12-month, faith-based rehabilitation program takes the time needed to make real change possible."

"Our 12-month, faith-based rehabilitation program takes the time needed to make real change possible," says Kent Carter, Teen Challenge Canada's new Atlantic Men's Centre Director, since November 2022. While time is an essential element to our program, we know it's God that brings lasting healing. Kent adds, *"Without the faith element, Teen Challenge would still impact people by helping them modify their behaviour. But to help people achieve lasting transformation, they need the necessary time to meet with God."*

Atlantic Hope Women's Centre Director, Elizabeth Pearcey adds, *"Only God can heal hearts and minds and at Teen Challenge Canada we provide our clients with the time needed to be healed from the inside out."* Our 12-month, faith-based program gives our clients the time they need to find peace, freedom, and a future without addiction.

For more information regarding Teen Challenge Canada distinctives, go to page 42-43.

1. <https://www.discoverynj.org/addiction-relapse-rates-high-early-recovery/>

CENTRE LOCATIONS



ATLANTIC MEN'S CENTRE
Memramcook, NB



Kent Carter
Phone: 506.758.2377
Toll Free: 1.800.965.7170



ATLANTIC HOPE WOMEN'S CENTRE
St. John's, NL



Elizabeth Pearcey
Phone: 709.781.7118
Toll Free: 1.866.968.9450

SUBSTANCE USE STATISTICS

ATLANTIC REGION
NEW BRUNSWICK

30%

In the first quarter of 2022, New Brunswick received nearly 30% more calls for assistance because of overdoses, than it did in the same time period in 2021.¹

44

In the first quarter of 2022, 44 people died from substance abuse overdoses in New Brunswick.²

1. <https://globalnews.ca/news/8808390/overdose-calls-new-brunswick-2022/>

2. <https://www.cbc.ca/news/canada/new-brunswick/nb-2020-opioid-overdoses-1.6299762>

ATLANTIC REGION
NEWFOUNDLAND & LABRADOR

318 MILLION

In Newfoundland & Labrador costs due to alcohol harm (lost productivity, healthcare, criminal justice, etc.) amounted to \$318 million in 2017.¹

LEADS CANADA

Statistics Canada reported that the proportion of residents who reported heavy drinking is 27.7%, which is higher than the national average.²

1. <https://movendi.ngo/news/2022/07/21/new-alcohol-action-plan-in-newfoundland-and-labrador-canada-puts-who-recommended-practices-into-action/>

2. <https://www.saltwire.com/atlandic-canada/opinion/letter-the-flip-side-of-being-canadas-happiest-province-100763346/>

*For Atlantic Region resources, drug stats & articles, go to www.teenchallenge.ca/resources

THE NEIGHBOURHOOD HOPE DEALER

Teah Bailey, aka 'One8tea', wrote his first song in Grade 6. *"I was a kid with a foul mouth who loved music."* These days he raps and leads workshops about faith, bullying, teen suicide, and drug awareness. Teah acknowledges, *"God the maker of the sun, moon, and stars"* as the giver of his *"good gift."*

Teah is an award-winning Canadian hip-hop artist and the founder of One8tea Ministries. Most recently, he won the East Coast Music Awards Rap/Hip Hop Recording of the Year for his 2022 album, *Ventilation 2*, 2022 Rap Artist of the Year, and 2022 Music NB Song of the Year, for "I Guess It's Complicated". Teah is also a 3-time Covenant Award winner and NB Gospel Music Hall of Fame 2022 inductee.

Teah graduated from the Teen Challenge Atlantic Men's Centre (Memramcook, NB) in September 2011. Before entering recovery, Teah was on a *"destructive path"* that included stealing cars, abusing cocaine, belonging to a gang, and homelessness. His family insisted, *"Get your life together!"* But it wasn't until he saw the dramatic change his friend Ricky experienced at Teen Challenge, that Teah was convinced to go and get help.

Teah appreciated the structure of the Teen Challenge program, and how it instills the importance of healthy routines. *"The program helps you create a new default system."* He says, *"Men and women experiencing addiction use substances to deal with pain – at Teen Challenge you learn to truly live and function without drugs."*

Living in community at the Atlantic Men's Centre taught him the value of close friends. To maintain his sobriety, Teah is careful to always be open with trustworthy friends. *"There are five of us. That's my circle – the people I do life with."* He knows he can rely on these guys, even in the middle of the night.

With his wife Tasha, Teah has three children and a 2-year-old granddaughter. *"I'm a rapping grandpa."* The former drug seller describes himself as the *"neighbourhood hope dealer."* He tells people living on the street, *"God can liberate them from addiction and change their lives."* Teah is flesh and blood proof it's possible to experience life change and freedom from substance abuse! In a song called, "Trauma Remix", Teah raps, *"I gotta message that'll save your life. ..."*

Hear Teah's music and message at www.one8tea.com/free-music



Teah Bailey – Award-winning hip-hop artist and founder of 'One8tea Ministries'

"At Teen Challenge you learn to function without drugs."

– Teah Bailey, Teen Challenge Canada Graduate 2011

THE Journey

SUPPORTING THE WORK OF TEEN CHALLENGE

“The Journey” is a passionate and determined group of supporters who give regularly in support of the work of Teen Challenge Canada. Month after month, year after year, their reliable recurring gifts provide financial stability to the Teen Challenge Canada mission – to help men and women on their journey to find lasting freedom from addiction.

Teen Challenge Canada is dedicated to removing any financial barriers for men and women looking to access our transformative drug and alcohol treatment program. As such, clients pay only a nominal fee when they enter the Teen Challenge program – a fee that does not even come close to covering the cost of an in-residence treatment program that lasts 12 to 36 months. This is where The Journey’s community of sponsors comes in. These faithful individuals who give regular pre-authorized gifts put victory over addiction, within reach of all Teen Challenge Canada clients.

But ongoing support from The Journey community is not just the lifeblood of Teen Challenge Canada’s programs. Gifts provided are a testimony to all those entrenched in addiction across Canada – that in the midst of their brokenness and pain, there is still hope and they are not alone. Regular support means that day by day, choice by choice, men and women in the Teen Challenge Canada program can learn to face their past and embrace new life as they begin to experience personal change that can lead to lifelong freedom from addiction.

Consider joining The Journey today by becoming part of a committed team of people whose mission it is to fund 226, 12-36 month addiction treatment beds, with the goal of fighting the effects of addiction and substance abuse within local families and communities across Canada.

Together, we are making a difference in the lives of individuals, their families, and their local communities across Canada!



Scan the QR code to watch our sponsorship video or visit ...

www.teenchallenge.ca/thejourney



RESPONSE TO ADDICTION IN CANADA

WHY DO WE RESPOND?

› TO ANSWER GOD'S CALL

Those caught in addiction are among the most vulnerable in society. With our recovery program, we extend the healing hand of God to those who are struggling with substance abuse.

› TO SAVE LIVES

There were over 3,500 apparent overdoses in the first six months of 2022; approx. 20 deaths per day (pg 9). Our 12-month program aims to save more lives and allow more individuals to find freedom from life-controlling addiction.

› TO ENABLE LONG-TERM CHANGE

Our therapeutic program equips those who are experiencing addiction and empowers them to change all areas of their lives. The ultimate goal is abstinence — living a life of complete sobriety.

› TO RESTORE FAMILIES AND COMMUNITIES

When those struggling with addiction find their way back to health and wholeness, families are restored and communities are strengthened. Our graduates can fully embrace their roles as spouses, parents, siblings, workers, volunteers, and friends.

› TO WITNESS TRANSFORMATION

It's a joy for Teen Challenge staff and volunteers to witness someone struggling with addiction find freedom, peace, and hope for a brighter future. Witnessing changed lives makes the long and hard work worthwhile.



THE TEEN CHALLENGE DIFFERENCE

WHAT DEFINES US?

✓ OUR PERSONNEL ARE CHRISTIAN

Our compassionate staff are committed to Christ and to demonstrating God's love. They remain sensitive, yet firm in this difficult calling to work with people in crisis.

✓ OUR STAFF ARE SKILLED

Trusting God for the ultimate outcome, our staff harness the best insights, practices, and methods for therapy, counselling, skills training, and personal development.

✓ OUR APPROACH IS INTENSIVE

Clients live communally 24-hours a day and participate in extensive learning and therapeutic activities for an entire year.

✓ OUR PROGRAM IS VOLUNTARY

We do everything we can to help clients complete the program, but give them the freedom to leave.

✓ OUR PROGRAM IS COMPREHENSIVE

We use a variety of program elements to help clients grow healthy spiritually, socially, mentally, and physically.

✓ RECOVERY IS A PROCESS OF SPIRITUAL AND PERSONAL GROWTH

Breaking patterns of addiction is messy, time-consuming, and hard. To get free, clients need to unpack and allow God's light to shine on their darkest moments and deepest needs. They must also learn to trust others and form healthy relationships.

✓ FAITH TRANSFORMS

Clients do not need to be Christian to enroll in Teen Challenge.

However, there is a radical impact when men and women acknowledge God's place in their lives and accept His offer of a clean slate. As hope, grace, and forgiveness take root, they are launched on a lifelong journey of transformation.

ADDITIONAL ADDICTION RESOURCES

ACROSS CANADA

› ALBERTA

ADDICTION AND MENTAL HEALTH SERVICES

Alberta Residential Addiction Treatment Service

Find the Support You Need for Lasting Recovery with Alberta Residential Addiction Treatment Service

www.alberta.ca/residential-addiction-treatment-service-providers.aspx

Alberta Health Services

The Alberta Health Services provides support and information for Albertans navigating the health care system in their local community.

www.albertahealthservices.ca

› SASKATCHEWAN

ADDICTION AND MENTAL HEALTH SERVICES

Saskatchewan Mental Health and Addiction Services

The Saskatchewan Alcohol and Drug Services page is a resource for finding addiction treatment in your community.

www.saskatchewan.ca/residents/health/accessing-health-care-services/mental-health-and-addictions-support-services/alcohol-and-drug-support/alcohol-and-drug-services/

eMental Health

eMental Health provides Saskatchewan residents with a convenient way to access mental health services online.

www.ementalhealth.ca/saskatchewan/

› ONTARIO

ADDICTION AND MENTAL HEALTH SERVICES

Ontario.ca – Ontario Health and Wellness

Get free, confidential support for depression, anxiety, addiction, gambling and other problems.

www.ontario.ca/page/mental-health-services/

Ontario – Canadian Mental Health Association

Understanding and finding resources for addictions and mental health.

www.Ontario.cmha.ca



ADDITIONAL ADDICTION RESOURCES

ACROSS CANADA

› NEW BRUNSWICK

ADDICTION AND MENTAL HEALTH SERVICES

New Brunswick Addiction Centres

Get a list of addiction centers in New Brunswick. Find the locations all in one place.

www2.gnb.ca/content/gnb/en/departments/health/Addiction/NewBrunswickAddictionCenters.html

Mental Health Services

Mental Health Services is committed to providing the least restrictive, most appropriate care for people with mental disorders.

www2.gnb.ca/content/gnb/en/departments/health/mental_health_services.html

› NEWFOUNDLAND AND LABRADOR

ADDICTION AND MENTAL HEALTH SERVICES

Mental Health and Addictions

The Mental Health and Addictions Division is responsible for managing mental health and addiction policies and programs in Newfoundland and Labrador.

www.gov.nl.ca/hcs/mentalhealth-committee/mentalhealth/

811 Healthline

A mental health and addictions services navigator.

www.811healthline.ca/mental-health/

ADDITIONAL TEEN CHALLENGE OUTPATIENT SUPPORT

› TEEN CHALLENGE CANADA | ADDICTION RECOVERY OFFICE

The Samaritan Centre

344 Elgin St.
Sudbury, ON P3E 3N9

› ADULT AND TEEN CHALLENGE CENTRAL CANADA | COMMUNITY OFFICES

For more information including contact info, program details, and hours of operation, go to www.teenchallenge.tc

Dryden, ON
34-G King St.
Dryden, ON

Steinbach, MB
258-B Main St.
Steinbach, MB

Winnipeg, MB
1016 St James St.
Winnipeg, MB

Flin Flon, MB
78 Main St.
Flin Flon, MB

Pembina Valley, MB
324 Cargill Rd.
Winkler, MB

Thunder Bay, ON
107 Johnson Ave.
Thunder Bay, ON

Swan River, MB
224 5th Ave. N
Swan River, MB

For more information regarding Teen Challenge 12-month inpatient programs across Canada see **page 46 & 47**.

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OTHER TEEN CHALLENGE CENTRES ACROSS CANADA

ADULT & TEEN CHALLENGE SOCIETY OF BC



Surrey Women's Centre
19465 16 Ave
Surrey, BC V3Z 9V2

DIRECTOR: Angie Appenheimer
aappenheimer@teenchallengebc.com



Chilliwack Men's Centre
4166 Eckert Street
Chilliwack, BC V2R 5J6

DIRECTOR: Suzanne Jones
sjones@teenchallengebc.com



Okanagan Men's Centre
4550 Glenmore Road North
Lake Country, BC V4V 1L7

DIRECTOR: Grace Absolom
gabsolom@teenchallengebc.com

IF YOU OR SOMEONE
YOU KNOW NEEDS HELP,
PLEASE CALL...

Surrey Women's Centre
604.575.3930 ext. 303

Chilliwack Men's Centre
604.575.3930 ext. 204

Okanagan Men's Centre
604.575.3930 ext. 404

TEEN CHALLENGE CANADA CENTRE INFORMATION

PRAIRIE REGION

Teen Challenge Alberta Men's Centre – PO Box 24010 RPO Evergreen, Calgary, AB T2Y 0J9
PHONE: 403.931.3501 TOLL FREE: 1.800.856.8902 DIRECTOR: Greg Cornelsen

Teen Challenge Saskatchewan Men's Centre – PO Box 21111, Saskatoon, SK S7H 5N9
PHONE: 306.257.3325 TOLL FREE: 1.877.396.9152 DIRECTOR: Zach Drew

Teen Challenge Prairie Hope Women's Centre – PO Box 21111, Saskatoon, SK S7H 5N9
PHONE: 306.225.2213 TOLL FREE: 1.866.663.7060 DIRECTOR: Robyn Arcand

ONTARIO REGION

Teen Challenge Ontario Men's Centre – Lambeth Box 777, London, ON N6P 1R6
PHONE: 519.652.0777 TOLL FREE: 1.888.417.7777 DIRECTOR: Chuck Butler

Teen Challenge Ontario Women's Centre – PO Box 100, Stn Main, Aurora, ON L4G 3H1
PHONE: 905.727.3913 TOLL FREE: 1.877.979.7770 DIRECTOR: Debbie Hurley-Laing

Teen Challenge Northern Ontario Men's Centre – PO Box 20012 RPO East End, Sault Ste. Marie, ON P6A 6W3
PHONE: 705.942.7771 TOLL FREE: 1.800.480.3153 DIRECTOR: Mark Petingalo

Teen Challenge Eastern Ontario Men's Centre – PO Box 61 Stn Main, Renfrew, ON K7V 4A2
PHONE: 343.361.1011 TOLL FREE: 1.877.568.8282 INTERIM DIRECTOR: Matthew Barbour

ATLANTIC REGION

Teen Challenge Atlantic Men's Centre – PO Box 911, Moncton, NB E1C 8N8
PHONE: 506.758.2377 TOLL FREE: 1.800.965.7170 DIRECTOR: Kent Carter

Teen Challenge Atlantic Hope Women's Centre – PO Box 8713 Stn 'A', St John's, NL A1B 3T1
PHONE: 709.781.7118 TOLL FREE: 1.866.968.9450 DIRECTOR: Elizabeth Pearcey

ADULT & TEEN CHALLENGE OF CENTRAL CANADA INC.



Brandon Women's Centre
Site 325, Box 24, RR 3
Brandon, MB R7A 5Y3



Winnipeg Men's Centre
414 Edmonton Street
Winnipeg, MB R3B 2M2



Thunder Bay Men's Centre
PO Box 10443
Thunder Bay, ON P7B 6T8



Thunder Bay Women's Centre: Hope House
107 Johnson Avenue
Thunder Bay, ON P7B 2V9



Denare Beach Men's Centre: Freedom Outreach
PO Box 271
Denare Beach, SK S0P 0B0



Steinbach Men's Centre
73 Westview Drive
Steinbach MB R5G 0T2

IF YOU OR SOMEONE YOU KNOW NEEDS HELP...

1.888.822.9992 | info@teenchallenge.tc | www.teenchallenge.tc

TEEN CHALLENGE QUÉBEC



Défi-Jeunesse Québec
878 rang Saint-François, Lotbinière, Québec G0S 1S0
DIRECTOR: Ronald Lussier | info@defijeunesse.org

SI VOUS OU QUELQU'UN QUE VOUS CONNAISSEZ AVEZ BESOIN D'AIDE, VEUILLEZ APPELER ... Province of Québec - 1.888.796.2137

TEEN CHALLENGE CANADA

2023 IMPACT REPORT

"Helping individuals overcome substance addictions to lead full and productive lives."

EVERY DAY



TEEN CHALLENGE CANADA INC.

Lambeth Box 777
London, ON N6P 1R6

1 (888) 417-7777
www.teenchallenge.ca



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