



TEEN CHALLENGE CANADA

2021 **IMPACT REPORT**

ANNUAL UPDATE



TEEN CHALLENGE CANADA

STRENGTHENING CANADIAN COMMUNITIES ONE LIFE AT A TIME



“Across our nation, the need for addiction rehabilitation is great. Teen Challenge Canada is well positioned to help those experiencing addiction more than ever. With the conclusion of our treatment bed expansion campaign, we are now able to help even more men and women start their recovery journey in order to live a life of sobriety.”

– Glen Smeltzer, CEO, Teen Challenge Canada

FROM THE BOARD CHAIR

Teen Challenge Canada places the Christian faith at the center of helping some of the most vulnerable among us – Canadian men and women caught in drug and alcohol addiction. Serving as a member on the Board of Teen Challenge Canada for the last 11 years has allowed me to express my faith as part of a ministry that changes lives.

For many years, I interacted with people living on the margins of society when I volunteered with a street ministry in Calgary. Now as I serve as the Teen Challenge Canada Board Chair, it is so rewarding to witness lives literally being transformed. I rejoice when men and women emerge from our program thriving, full of focus and anticipation for their future.



Irene Pfeiffer, C.M.

This second year of the COVID-19 pandemic continued to be filled with unique challenges. **However, because of your generous support, Teen Challenge continued to answer God’s call to help those struggling with addiction and their families and communities.** The commitment to providing the best care possible and being faithful stewards of the resources given to us has never wavered; we thank God that our doors were able to remain open.

The need for our program is greater than ever, so 2021 was the perfect time to focus on expanding our number of beds to help more people across Canada. Every one of our nine centres offers a place of refuge and a chance to focus on recovery and healing. The journey is difficult, and our program is not for everyone. But for those willing to do the hard work, sobriety is within reach.

I’m so grateful for the way donors supported Canadians in recovery and how Teen Challenge leadership brought out the best in our staff, clients, and volunteers during this difficult time. I am thankful for the dedication and guidance provided by Teen Challenge Canada CEO, Glen Smeltzer. His support and leadership have been pivotal in seeing Teen Challenge navigate the ups and downs of 2021.

I’m so excited for 2022, when Teen Challenge will launch a new centre in Eastern Ontario, continue to enhance our life-changing program, as well as expand our commitment to supporting the families and communities of those struggling in addiction.

Teen Challenge Canada has my full confidence as we move forward as a ministry. With God’s strength, we will help even more men and women overcome addiction and embrace new life!

Irene E. Pfeiffer

Irene Pfeiffer, C.M.
National Board Chair

THE IMPACT OF TEEN CHALLENGE



"I used to be untrusting and self-focused – unable to be in a healthy relationship. Now I am present with my children and am the wife God called me to be."

(Tina Boschman, 2013 Graduate – Ontario Region)



"Teen Challenge gave us [my father and I] a gift we can never repay. They gave us our lives back. They gave us freedom from addiction."

(Riccardo Benigno, 2009 Graduate – Atlantic Region)



Lori Lynn says of her husband Chris, a graduate of the Teen Challenge program, "It's very positive for everyone to have him home [back in our lives] and emotionally available."

(Chris Thompson, 2015 Graduate – Ontario Region)



"Laura has changed dramatically since her time at Teen Challenge. We appreciate Teen Challenge's Christ-centered approach and will be forever grateful for the loving, caring staff. We are so thankful to have our delightful, fun, precious daughter restored to us," says Janet, Laura's mother. (Laura Sheridan, 2013 Graduate – Ontario Region)



"Through Teen Challenge, Jesus restored my family," says Colin. His wife Carrie adds, "Now Colin is a totally different person – a different father, friend, and husband." Carrie is pleased to have a true partner as they parent their kids together. (Colin Grohs, 2018 Graduate – Prairie Region)



After graduating from Teen Challenge, Ken and his wife Rowena were gradually reunited. "What was broken and seemed hopeless is restored and blossoming," says Ken.

(Ken Pesch, 2010 Graduate – Prairie Region)



Scan the QR code to watch our "Who We Are" video, or learn more at

www.teenchallenge.ca/who-we-are

A MESSAGE FROM THE CEO

Communities across our country are struggling. The second year of the COVID-19 pandemic has created conditions that are pushing more people over the edge into addiction. Men and women facing job losses, strained family relationships, and health challenges are turning to substances to escape fear, pain, and uncertainty.

A report from the Canadian Mental Health Association estimates that 1 in 5 Canadians will meet the criteria for addiction in their lifetime.¹ At the same time, mental health and addiction supports are being reduced, shifted online, or shut down altogether. It is a tragic one-two punch. Even when this pandemic is over, families and communities will be dealing with the fallout of the addiction epidemic for years to come.



Glen Smeltzer

Teen Challenge Canada continues to play a crucial role in the fight against substance abuse in Canada. **Thank you for your prayers and financial support over the last several years as we have executed our strategic plan to add additional critical core program capacity across Canada.** With your generous support, we have expanded our complement of treatment beds – a total that now sits at 215. However, when COVID-19 restrictions are fully lifted and once we can fund a full complement of staff, we'll ramp up our operations to help 233 individuals every day – 233 men and women who can be restored as healthy, productive members of their families and communities!

Teen Challenge Canada believes complete abstinence through Jesus Christ is the cornerstone for permanent freedom from addiction and lifelong change! And we are convinced our intensive, 12-month, faith-based program is the best hope for individuals with severe addictions. This is why I am so grateful for God's provision during the planning, fundraising, and construction of our much-needed new capacity!

Thank you to our staff who, despite the changes and challenges of 2021, have always provided exceptional care to those we serve. Without the ongoing prayers and contributions of our many supporters, our life-transforming work would not be possible – thank you! And to our National Board, we are so deeply blessed by your support, direction, and encouragement!

Thank you all for partnering with us in the fight against addiction.

Glen Smeltzer

CEO, Teen Challenge Canada

¹ Canadian Mental Health Association. Substance Use and Addiction, n.d. www.ontario.cmha.ca/addiction-and-substance-use-and-addiction

STATE OF ADDICTION IN CANADA

Throughout 2021, toxic street drugs continued to rob Canadian families of their sons and daughters, husbands and wives, and fathers and mothers at a skyrocketing rate. The COVID-19 pandemic has created a perfect storm – a mental health crisis, the closure of community support programs, increasing isolation, and a more dangerous drug supply.

In the midst of this devastation, Teen Challenge Canada continues to offer a life-changing treatment program for those seeking freedom from addiction.

In 2021, despite the numerous changes and adjustments related to COVID-19, our centres persevered, lives were changed, families were restored, and communities were strengthened.

The need for the Teen Challenge Canada ministry continues to grow in every region across Canada. We are more committed than ever to keeping our doors open, with a goal to fill our 233 beds in 2022. With addiction and opioid deaths on the rise across Canada due to the COVID-19 pandemic, Teen Challenge Canada proudly stands with other rehabilitation services, non-profit organizations, and other Teen Challenge ministries to bring hope and freedom to men and women caught in addiction.

“Every 49 minutes Canada’s opioid epidemic claims another life.”¹

1. Source: Friscolanti, M. (2021, September 1). Every 49 minutes: Inside Canada’s opioid crisis. MacLeans. www.macleans.ca/longforms/opioid-crisis-canada/

TEEN CHALLENGE CANADA NATIONAL STATISTICS

\$4.7 BILLION

Canada’s opioid crisis cost **\$4.7 billion** in lost labour productivity in 2018.¹



19 CANADIANS PER DAY

Toxic street drugs, including fentanyl, killed **19 Canadians per day** in 2020.²



\$1,258 PER YEAR

The overall cost of substance use in Canada is approximately **\$1,258 for every Canadian** (regardless of age), per year.³



26.5% OF CANADIANS

26.5% of Canadians report engaging in binge drinking during the COVID-19 pandemic.⁴



17% INCREASE

Death rates associated with **heavy alcohol consumption** increased **17%** during the first year of the COVID-19 pandemic in Canada.⁵



16 HOSPITALIZATIONS PER DAY

Opioid poisonings resulted in an average of **16 hospitalizations per day** in Canada in 2017.⁶



1. Source: Issawi, H. Productivity cost of the opioid crisis pegged at \$4.7 billion. Star Edmonton, 30 Oct. 2019. www.thestar.com/edmonton/2019/10/30/productivity-cost-of-the-opioid-crisis-pegged-at-47-billion.html

2. Source: Friscolanti, M. (2021, September 1). Every 49 minutes: Inside Canada’s opioid crisis. MacLeans. www.macleans.ca/longforms/opioid-crisis-canada

3. Source: Canadian Centre on Substance Use and Addiction, Substance Use Costs and Harms 2015–2017. www.csuch.ca/resources/national

4. Source: COVID-19 National Survey Dashboard. Centre for Addiction and Mental Health, 2021. www.camh.ca/en/health-info/mental-health-and-covid-19/covid-19-national-survey

5. Source: Harder, Isabel and Wafa El-Rayes. Alcohol-related deaths up during pandemic. Capital Current, 18 Oct. 2021. www.capitalcurrent.ca/alcohol-related-deaths-up-during-pandemic-with-anxiety-depression-likely-factors

6. Source: Canadian Institute for Health Information. Hospitalizations and Emergency Department Visits Due to Opioid Poisoning in Canada. CIHI, 2018. <https://www.cihi.ca/en>

WHY FAITH MATTERS

The Bible reminds us that *“perfect love – compassionate, unconditional, unending love drives out fear.”* We know God is the only source of this perfect love.

That is why men and women experiencing addiction are profoundly changed when they are confronted with the truth that they are truly loved, despite their past. In the safety of the Teen Challenge Canada program with others in recovery and our caring staff, they admit dark things they have done and that were done to them. **And through a relationship with God, they can face their overwhelming pain. When they ask God’s forgiveness, they are released from despair and given the ability to live in new ways.**

The desire to ease physical and emotional pain drives most addictions. When the anguish and shame are gone, men and women can embrace sobriety and live a full and productive life. Trusting God and receiving the love of Jesus makes this lasting change possible! That is why a faith-based component to recovery is so important.

Teen Challenge helps men and women reorient their lives and rebuild themselves. Those in our care learn to apply biblical truths to their lives during educational sessions and personal devotional times. Then, armed with new ways of thinking about themselves and others, they are free to begin to make better life choices. They also practice healthy ways of relating as they eat, work, learn, and worship with others in the program. And we know that it is only because of the faithfulness of individuals, churches, and businesses who give to Teen Challenge Canada’s ministry that this profound life-change is possible!

We are here for everyone who wants help. **While our program is based on Christian principles, men and women do not need to share our Christian beliefs to access our life-changing services.** Teen Challenge is pleased to offer faith-based treatment across three regions, at our nine centres across Canada, as an important part of the recovery solution to the addiction crisis.

ROAD TO RECOVERY

CORE PROGRAM

PHASE1 (MONTHS 1-4)

Men and women stabilize as they detoxify their minds, bodies, and spirits. An Accredited Addiction Counsellor helps clients create a treatment plan and work through emotions and personal trauma. During this phase, clients learn to adapt to structure, live and work with others, and cope with their pain caused by addiction – unfortunately, due to the challenging nature of this work, only about half of our clients choose to continue to the next phase.

PHASE2 (MONTHS 5-8)

Clients continue to learn about themselves and the Bible. They continue to create healthy routines, hone employment skills, volunteer in the community, and share their recovery stories at churches and businesses.

PHASE3 (MONTHS 9-12)

During the final four months of our core program, clients create an exit strategy and a relapse prevention plan. They develop leadership skills, mature in their faith, and where possible, improve family relationships.

AFTERCARE PROGRAM (POST GRADUATE)

PHASE4 (MONTHS 12-24)

If a position is available, graduates can choose to stay at a Teen Challenge centre for an additional 6 months to 1 year. They work alongside staff and current core program clients while continuing in a mentoring relationship with a counsellor and staff members.

PHASE5 (MONTHS 24-36)

If a position is available after a successful completion of a Phase4 Program, Phase5 graduates are hired in a staff position supporting a local Teen Challenge Canada centre. They join a church, attend Celebrate Recovery meetings, and begin to give back to society.

** Aftercare Assistance is provided to all graduates to support them in their hard-won recoveries. Graduates are connected with our National Aftercare Coordinator to ensure successful reintegration into society.*

WHY SOBRIETY CHANGES EVERYTHING

Individuals caught in addiction enter our Teen Challenge centres full of fear, anger, and despair. They describe “needing” drugs and alcohol “just to feel normal” and how their addictions slowly took over every aspect of their lives.

“We understand addiction as an attempt to ‘self-medicate’ internal pain. However, if men and women don’t stop using substances to numb their pain, they can’t truly begin their recovery journey,” says Don Trepanier, Chief Program Officer at Teen Challenge Canada.

Before entering the Teen Challenge program, many of our clients go through painful withdrawal from substances with a shorter detox program. While rehabilitation begins with being sober, recovery is so much more than that.

Recovery is the lifelong healing process that allows for freedom from addiction and true sobriety. During our 12-month program, our clients get used to functioning without substances and start to think more clearly and find hope for the future. *“Guided by dedicated Teen Challenge staff, individuals begin to deal with underlying trauma. This is the beginning of recovery,”* says Don.

Our clients often blame themselves for their addiction, as well as things they had no control over; these things cause them physical and emotional pain. Through counselling and staff encouragement, men and women in our care come to embrace God’s truth that they are loved and accepted no matter what. *“Compassion is the key that unlocks the shame ...,”* states Don. Living in community with staff and others in recovery, they learn to care and be cared for again.

Sobriety is a series of daily choices on the lifelong road to recovery. Although our program sets men and women up for success after they leave, those we have helped admit that it is hard work to live a life of sobriety. Strong community ties, rewarding work, faith, and mentorship all help them cope with life’s inevitable challenges without turning to drugs and alcohol during difficult times.

Using the tools they learn through the Teen Challenge program, our graduates become caring parents, loving spouses, valued employees, and skilled volunteers. By choosing complete sobriety, men and women are able to lead full, productive lives and have the greatest positive impact on their families and local communities!

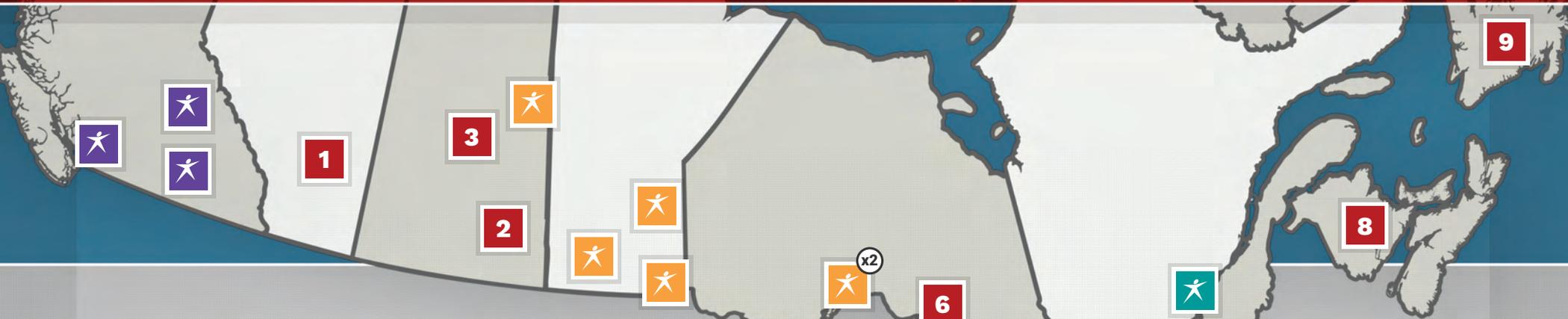


“Compassion is the key that unlocks the shame those in addiction feel.”

– Don Trepanier, Chief Program Officer, Teen Challenge Canada

TEEN CHALLENGE ORGANIZATIONS ACROSS CANADA

GROWING STRONGER TO STRENGTHEN COMMUNITIES ONE LIFE AT A TIME



1
ALBERTA MEN'S CENTRE
PRIDDIS, AB



4
ONTARIO MEN'S CENTRE
LONDON, ON



7
EASTERN ONTARIO MEN'S CENTRE
RENFREW, ON



2
SASKATCHEWAN MEN'S CENTRE
ALLAN, SK



5
ONTARIO WOMEN'S CENTRE
AURORA, ON



8
ATLANTIC MEN'S CENTRE
MEMRAMCOOK, NB



3
PRAIRIE HOPE WOMEN'S CENTRE
HAGUE, SK



6
NORTHERN ONTARIO MEN'S CENTRE
SAULT STE. MARIE, ON



9
ATLANTIC HOPE WOMEN'S CENTRE
ST. JOHN'S, NL

ORGANIZATION CONTACT INFORMATION ...

For detailed contact information for each Teen Challenge organization, please see pg. 47.

TEEN CHALLENGE CANADA INC. | www.teenchallenge.ca

ADULT & TEEN CHALLENGE SOCIETY OF BC | www.teenchallengebc.com

ADULT & TEEN CHALLENGE OF CENTRAL CANADA INC. | www.teenchallenge.tc

TEEN CHALLENGE QUÉBEC | www.defijeunesse.org

TEEN CHALLENGE 12-MONTH BEDS

190 TEEN CHALLENGE CANADA **43** ADULT & TEEN CHALLENGE SOCIETY OF BC
 14 TEEN CHALLENGE QUÉBEC **102** ADULT & TEEN CHALLENGE OF CENTRAL CANADA

POST-GRADUATE BEDS

43 TEEN CHALLENGE CANADA **14** ADULT & TEEN CHALLENGE SOCIETY OF BC
 6 TEEN CHALLENGE QUÉBEC **45** ADULT & TEEN CHALLENGE OF CENTRAL CANADA

Teen Challenge organizations from across Canada are working together to be part of the solution to the addiction crisis. **Together, we provide 457 (core 12-month and post-graduate) beds** to serve men and women who want to find freedom from addiction.

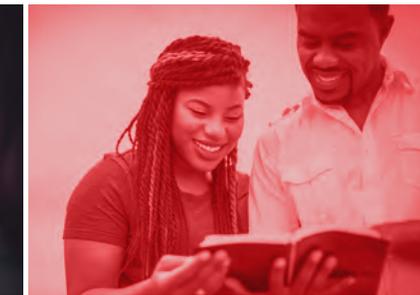
The Teen Challenge yearlong program is intensive, but it works for men and women with entrenched addictions willing to embrace the hard work of personal addiction recovery. Our programs are truly making a difference in the lives of individuals, families, and communities across Canada.

KEY ACCOMPLISHMENTS

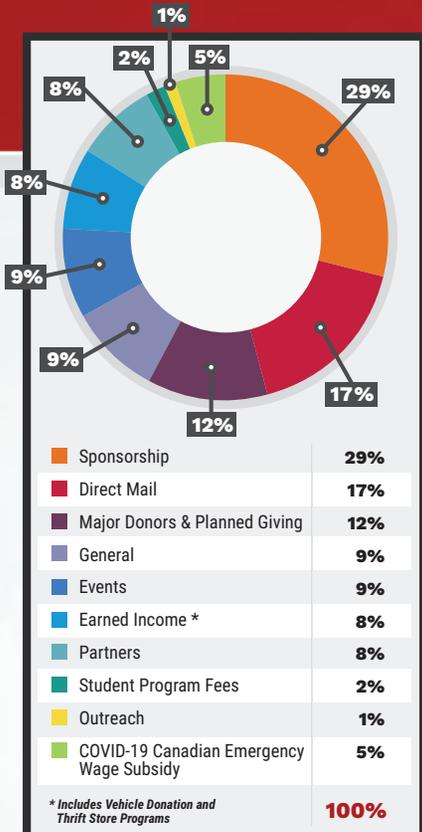
2021 TEEN CHALLENGE KEY ACCOMPLISHMENTS	1	Launched the Eastern Ontario Men's Centre (Renfrew, ON) and began training staff.
	2	Completed construction of two new buildings at the Alberta Men's Centre (Priddis, AB) in order to double the number of program beds to 30.
	3	Completed our five-year strategic plan to expand bed capacity by almost 50%.
	4	Started a multi-year capital campaign in order to raise funds for renovations on the 100-year-old Ontario Men's Centre (London, ON).
	5	Hosted the first ever ministry-wide National Virtual Gala in November to unite the efforts of our staff and connect donors with the whole ministry.
	6	Launched a new Human Resources Information System to improve communications, training, and development for staff at our nine centres across five provinces.

2022 KEY PLANS

Build upon the successful addition of raising the number of available treatment beds across our centres, by increasing staffing at our Alberta Men's Centre (Priddis, AB) and Prairie Hope Women's Centre (Hague, SK).	1	2022 TEEN CHALLENGE KEY PLANS
Explore new opportunities to extend the impact of our faith-based approach to those struggling with addictions in the communities surrounding our centres through addiction awareness programs, family supports, and aftercare.	2	
Expand our aftercare program by offering increased support, leadership, and career opportunities for our graduates across Canada.	3	
Improve our efforts to help families with loved ones in addiction, and better support families of our clients while in program and after graduation.	4	

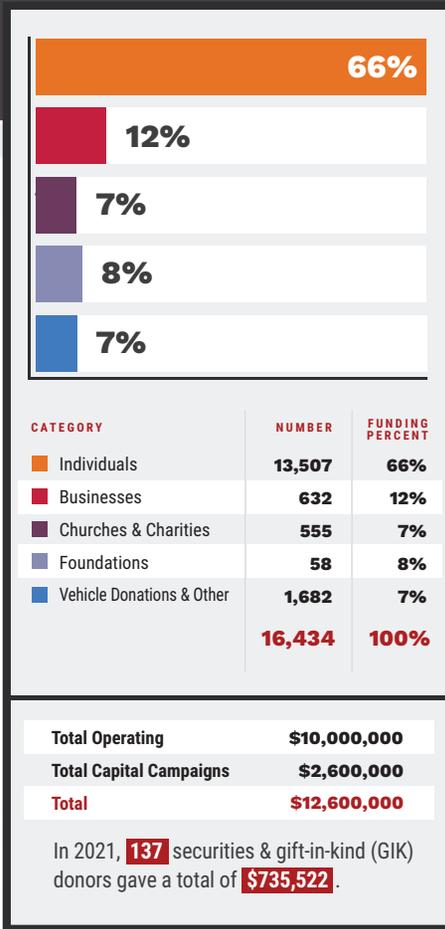


TEEN CHALLENGE CANADA
DISTRIBUTION OF GIVING INCOME

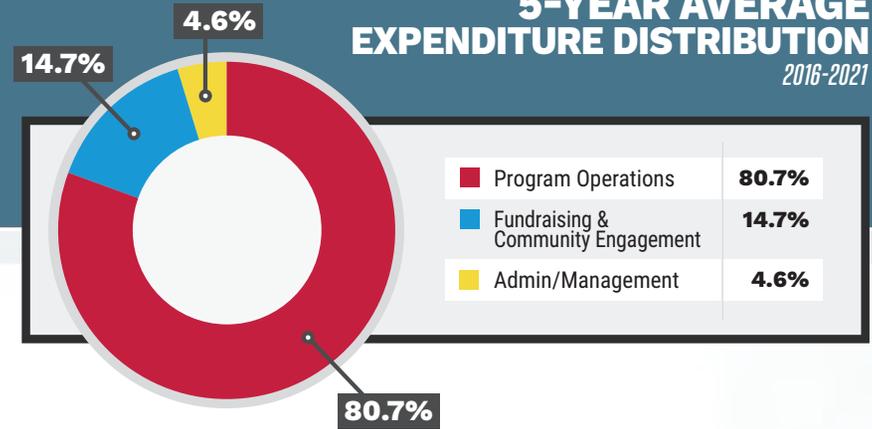


Thank you to the **16,434** donors who gave over **\$12 million** to help men and women in addiction in 2021.

TEEN CHALLENGE CANADA
DONOR DISTRIBUTION FINANCIAL SUPPORT



TEEN CHALLENGE CANADA
5-YEAR AVERAGE EXPENDITURE DISTRIBUTION
2016-2021



ADDITIONAL POINTS

- "Community Engagement" is our on-the-ground, community-focused programming, which includes pre-admission counselling, family support, graduate aftercare, Celebrate Recovery support groups, and other addiction awareness events.
- Client fees (\$1,100 per person) fund 2% of the overall cost of our core yearlong program.
- The average monthly cost of a program bed is \$4,600 (incl. fundraising and admin).
- Teen Challenge Canada receives no ongoing government funding and is completely funded by donations.
- We keep our admin costs low (4.6%) by centralizing admissions, call centre, advertising, marketing activities, and event support for all our centres.

We are so grateful for your continued support as we care for more men and women at our centres and help strengthen more Canadian communities. Canada's addiction crisis is touching countless lives. Your financial gifts enable Teen Challenge Canada's life-changing message of recovery and freedom to reach as many individuals as possible, every day.

Teen Challenge Canada is committed to handling the finances entrusted to us with the utmost integrity. That's our commitment to you! This past year, **80.7%** of funds were used for program activities to benefit the men and women in our nine addiction treatment centres across Canada and **19.3%** for operating expenses and community engagement / addiction education (see pg. 17).

"Each gift you make is the hand of God extended. Even in the midst of the brokenness of addiction, individuals, families, and communities are worth investing in. Thank you for your trust. You are creating lasting change in so many lives."

– Glen Smeltzer, CEO, Teen Challenge Canada

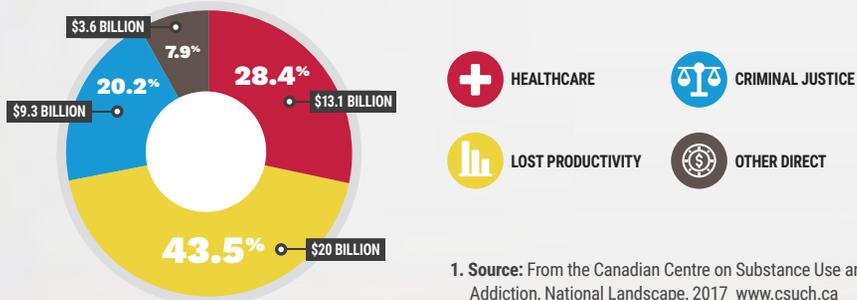
THE COST TO SOCIETY FOR SUBSTANCE ABUSE

The cost of substance abuse to society is great! The financial burdens to healthcare, criminal/justice costs, and lost productivity are staggering.

In 2017, substance use cost Canadians a total of \$46 billion¹. In 2021, with our nation focusing on the COVID-19 pandemic, the drug and alcohol epidemic across Canada continued to worsen. **There is no doubt that the pandemic has had a negative impact on those struggling with addiction.**

Teen Challenge is a part of the solution to the ongoing drug epidemic by providing an affordable, proven addiction treatment program that supports individuals in their recovery journey. **We aim to reduce the societal burden of substance abuse by restoring individuals to their families and communities as productive members able to work, learn, and volunteer.**

CANADIAN SUBSTANCE USE - COSTS & HARMES NATIONAL STATS



HELPING PEOPLE OUT OF THEIR ADDICTION SAVES MILLIONS OF DOLLARS

WHAT ADDS UP TO \$1,000,000?



HELPING PEOPLE IN ADDICTION AVOID JUST **164 HOSPITAL STAYS** WITHIN THEIR LIFETIME

= \$1,000,000



AVOID **98 POLICE INVESTIGATIONS**

= \$1,000,000



DIVERT **NINE PEOPLE A YEAR** FROM THE PATH LEADING TO JAIL TERMS of two-years-less-a-day, for violent crimes, theft, drug trafficking, etc.

= \$1,000,000



DIVERT **FIVE SINGLE-PARENT FAMILIES** FROM LONG-TERM SOCIAL ASSISTANCE

= \$1,000,000

From the Canadian Centre on Substance Use and Addiction, 2018 www.csuch.ca

SUPPORTING OUR LIFE-CHANGING WORK

Your prayers and financial support are the lifeblood of Teen Challenge Canada. We know it is important to you that your gifts are used effectively. It is important to us, too.

Every donation given to Teen Challenge is a sacred trust. **As a Christian organization, we understand ourselves to be caretakers, not owners, of all we have been blessed with. In everything we do, we are ultimately accountable to God.**

Over the past five years, our caring donors have gone above and beyond to fund several capital expansion campaigns (three new centres and renovating two existing ones) while continuing to support our existing local program operations. The result of all that construction is a nearly 50% increase in program beds (for a new total of 233 across the country). **As the COVID-19 pandemic creates a dramatic surge in substance abuse coupled with mental health concerns, we can now help many more individuals in crisis.**

We also understand addiction recovery and the prevention of substance abuse needs to happen outside the walls of treatment facilities. As a national organization, Teen Challenge Canada plays a key role in fighting Canada's addiction epidemic. Our staff, graduates, and volunteers love to promote addiction awareness and our treatment program within churches, businesses, schools, youth groups, and other settings. **Our on-the-ground community engagement efforts include pre-admission counselling, family support, aftercare, Celebrate Recovery groups, and other events.**

Likewise, inside our centres, as more men and women reach out to Teen Challenge and make the difficult choice to seek help with their personal addictions, we need to continue to hire and train additional expert staff. **Helping people overcome addiction requires caring individuals with special skill sets to provide counselling, spiritual formation training, and other necessary daily care for our clients.**

Thank you to all our donors for your faithful giving that allows us to continue to do this critical work for those in our care and their families and communities. Your support is also vital as we reach out to those who are still considering seeking life-changing treatment at a Teen Challenge Canada centre, in order to start their journey to recovery.

For Teen Challenge Canada's **Financial Statements**, previous **Annual Reports**, and **Leadership information**, go to ...

www.teenchallenge.ca/financials

2021 GRADUATES

ACROSS CANADA

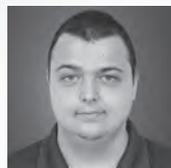
GROWING STRONGER TO STRENGTHEN COMMUNITIES ONE LIFE AT A TIME



BENJAMIN V.
Woodstock, Ontario



JASON D.
St. John's, Newfoundland



TYLER L.
Guelph, Ontario



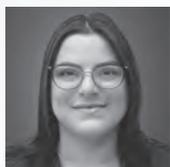
DESIREE T.
Surrey, British Columbia



COLE D.
Winnipeg, Manitoba



GISELLE A.
Domremy, Saskatchewan



MARIA M.
Corner Brook, Newfoundland



SEAN R.
Hamilton, Ontario



ROBERT M.
Calgary, Alberta



RILEY K.
Moncton, New Brunswick



SIDNEY C.
Toronto, Ontario



VANESSA C.
Regina, Saskatchewan



JOHN I.
Pembroke, Ontario



LEON C.
Edmonton, Alberta



KEVIN C.
Cap-Pele, New Brunswick



KARLA R.
Mexico City, Mexico



DESTINY S.
Prince Albert, Saskatchewan



DAVID H.
Niagara Falls, Ontario



JEFFERY H.
Guelph, Ontario



CHRISTOPHER B.
Regina, Saskatchewan



DONNY G.
Oshawa, Ontario



TERRY S.
Hespeler, Ontario



MATTHEW R.
Toronto, Ontario



ELLIE R.
Cocoa Beach, Florida



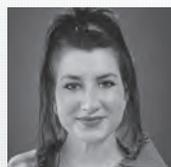
DANIEL F.
Hamilton, Ontario



CURTIS H.
Winchester, Ontario



ADAM K.
Calgary, Alberta



CLAIRE O.
Dublin, Ireland



JESSICA M.
Toronto, Ontario

TEEN CHALLENGE PROGRAM STATS

Applications Received	1125	Admissions	222
Interviews/ Assessments	685	Graduations	29

TEEN CHALLENGE CLIENTS IN PROGRAM

Average number of clients in the program in a week	74	Hours of work therapy	72,732
Hours in the classroom	43,639	Hours of addiction counselling	6,327

DRUG OF CHOICE FOR CLIENTS IN 2021

Alcohol	38%	Cocaine	27%
Cannabis	6%	Opioids	14%
Amphetamines (including Crystal Meth)			15%

We wish there were more graduates on this page. Recovery from addiction is always challenging work, and the last 18 months has been especially tough for those entering a yearlong in-residence program during a pandemic. For many in our program, sticking with us for 12 months of treatment meant not receiving family visits or going off property when lockdowns were in effect. It meant men and women had to leave families and loved ones behind when they needed them most. There were also capacity limits at our eight centres because of government COVID-19 restrictions.

We celebrate and pray for every person who graduated in 2021 and those who attempted recovery. We know entering a Teen Challenge program is a courageous step, and even if many left early for various reasons, we know valuable skills were taught and God's hand is at work in their lives. That's a big win – whether they graduated their program or not!

THE SECRET TO LONG-LASTING FREEDOM

Addicted to fentanyl and heroin, Jenna sometimes called her dad when she was in withdrawal as the drugs wore off. She remembers his pained look at times when he asked, *“Why are you doing this to yourself?”*

“I was so immersed in darkness and had lost all hope,” says Jenna. Then, in 2017, her dad brought her to a Teen Challenge Canada graduation. Jenna recognized herself in the “before story” of the graduate’s testimony. But she thought, *“There is no way I’m doing a one-year rehab program.”*

Six months later, Jenna was homeless and “scrawny” at a mere hundred pounds. Her family gave her an ultimatum: *“Go to rehab or stop calling us.”* Jenna entered the Teen Challenge program in February 2018, planning to stay until a friend got out of jail. But a month into the program, her plans changed. *“We were at a church, and I remember a feeling of being loved for the first time in a long time.”* She thought to herself, *“This Jesus guy must be real because I have been feeling empty for so long.”*

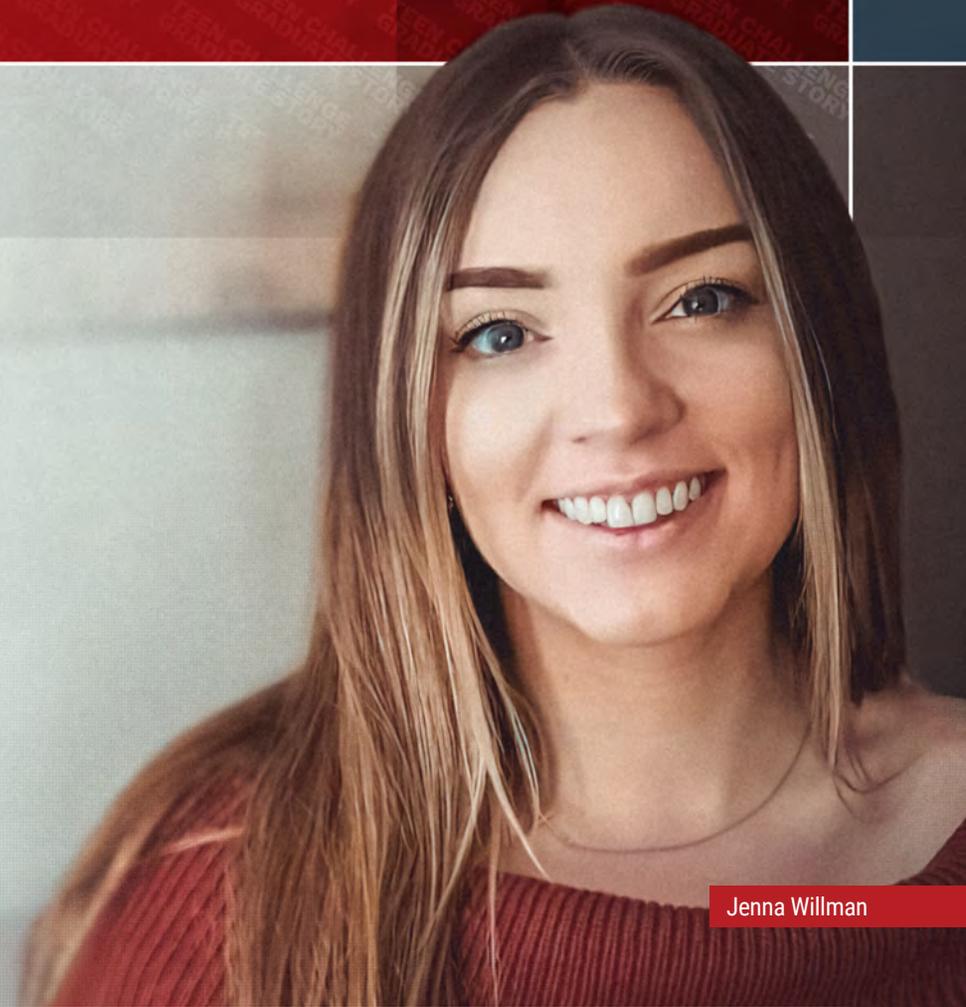
For the next 11 months, Jenna did the hard work of *“feeling her feelings,”* taking responsibility for her actions, and learning healthy coping mechanisms.

Jenna appreciates the love and safety Teen Challenge provides. *“It is more than a warm bed and three square meals a day. Teen Challenge staff create an emotionally safe place, and that is crucial for those in addiction.”* She adds, *“You cannot find long-lasting freedom from addiction without involving Christ. I believe most other treatment methods give people Band-Aids and short-term solutions. Jesus heals.”*

Looking at Jenna today, people cannot believe she was ever caught in addiction. *“It is possible to change and to have a productive, happy, joy-filled life. You just have to do the work.”* Four years later, she is closer to her parents and sister than ever. Jenna got married in 2020 and is currently studying to be a social worker.

For more Teen Challenge Canada Graduate stories, visit ...

www.changedlives.ca



Jenna Willman

“It is possible to change and to have a productive, happy, joy-filled life. You just have to do the work.”

– Jenna Willman, Teen Challenge Canada Graduate 2019

FAITH-BASED ADDICTION RECOVERY FILLS THE VOID

Addiction is deadlier than ever in the Prairie Region, and the need for treatment is overwhelming. Despite the challenges brought by a second year of COVID-19, Teen Challenge Canada continued to step up and offer our yearlong, faith-based program for those in addiction.

Typical addiction treatment programs may fall into one of three categories: immediate lifesaving measures (such as reversing an overdose with medication), harm reduction, and “12-step” residential or outpatient programs. However, the Teen Challenge program is different. Our intensive, 12-month program focuses on getting to the root causes of an individual’s reasons for using substances.

“Often people struggling with addiction have been lied to by others or believe lies about themselves. But at Teen Challenge, men and women hear the truth about who they are from a biblical perspective. The Gospel message gives hope to those who feel like outcasts. Jesus’ love and forgiveness are the antidote to shame and the catalyst for transformation,” says Prairie Hope Women’s Centre Director, Robyn Arcand.

“The Teen Challenge program gives our staff substantial opportunities to help clients see beyond the surface of substance abuse and get down to the deeper issues of why they use.” – Greg Cornelsen, Director, Alberta Men’s Centre

“The Teen Challenge program gives our staff substantial opportunities to help clients see beyond the surface of substance abuse and get down to the deeper issues of why they use,” says Greg Cornelsen, Director, Alberta Men’s Centre. As a yearlong, in-residence program, we provide clients with the time and space they need to work on transforming their whole lives. *“It takes a while to equip individuals with the tools to say no to substances,”* adds Greg.

Teen Challenge Canada occupies a unique space in the spectrum of addiction treatment options and receives frequent referrals from treatment professionals across the Prairie Region. Our core program is also extremely affordable – no one is ever turned away due to a lack of financial means. We are continuing to play a crucial role in the solution to the ongoing addiction crisis across the Prairie provinces.

CENTRE LOCATIONS



ALBERTA MEN'S CENTRE
Priddis, AB



Greg Cornelsen
Phone: 403.931.3501
Toll Free: 1.800.856.8902



SASKATCHEWAN MEN'S CENTRE
Allan, SK



Zach Drew
Phone: 306.257.3325
Toll Free: 1.877.396.9152



PRAIRIE HOPE WOMEN'S CENTRE
Hague, SK



Robyn Arcand
Phone: 306.225.2213
Toll Free: 1.866.663.7060

SUBSTANCE USE STATISTICS

PRAIRIE REGION ALBERTA	1,372	The number of drug poisoning deaths between January 1 and October 31, 2021 in Alberta – making 2021 the province's deadliest year on record. ¹
	52%	Of those who died of drug poisoning in Alberta between January 1 and October 31, 2021, 52% were under the age of 40. ²

1. Alberta Ministry of Health. Alberta substance use surveillance system: updated December 2021. Government of Alberta, 2021. www.alberta.ca/interactive-health-data.aspx

2. Alberta Ministry of Health. Alberta substance use surveillance system: updated December 2021. Government of Alberta, 2021. www.alberta.ca/interactive-health-data.aspx

PRAIRIE REGION SASKATCHEWAN	78%↑	The number of drug-related deaths increased by 78% in Saskatchewan from 2019 to 2020. ¹
	2X	Saskatchewan's impaired driving rate is two times the national average. ²

1. Saskatchewan Coroner's Office, Confirmed and Suspected Drug Toxicity Deaths – updated December 2, 2021.

2. Saskatchewan Ministry of Health, Working Together for Change: A 10 Year Mental Health and Addictions Action Plan for Saskatchewan, 2014.



We welcome Zach Drew as the new Centre Director for the Saskatchewan Men's Centre. After graduating from Teen Challenge in 2016, Zach worked on staff at the Saskatchewan Men's Centre. Armed with lived experience and a certificate in Professional Addiction Studies from McMaster University, Zach says, *“I'm honoured to lead in the ministry that changed my life.”*

COMING ALONGSIDE THOSE ON THEIR RECOVERY JOURNEY

Individuals overwhelmed by addiction often think they're alone. But when they enter a Teen Challenge Canada centre, they join a safe, encouraging, and positive community. At our four centres across the Ontario Region, staff walk alongside men and women daily in the difficult work of recovery.

"Recovery is so much more complex than deciding you will not use substances," says Northern Ontario Men's Centre Director, Nathan Mio. Having experienced addiction and recovery himself, Nathan compares it to a "well-worn rut." A person recovering from addiction may not even recognize themselves sober, and years of habit-forming actions make change especially hard.

Addiction is an attempt to medicate pain. It could be for physical trauma from a car accident, emotional pain from childhood abuse, and/or a failed marriage. Whatever its source, every Teen Challenge centre is a safe place where men and women can experience sorrow, pain, fear, joy, and unconditional acceptance. This can lead them to lifelong change and a place in their lives where they can learn the tools to live in sobriety.

"At Teen Challenge, men and women discover that their lives are worth living. Then they can cope without the use of substances and live a life of freedom and sobriety."

— Michelle Grundy, Director, Ontario Women's Centre

Each person who comes through our doors is on their own individual journey to freedom and receives help tailored to their specific needs. Success looks different for everyone, and some clients do choose to leave before completing the core 12-month program. Every day spent in recovery counts, and our caring staff focus on teaching individuals healthy ways to navigate the challenges of life. *"At Teen Challenge, men and women discover that their lives are worth living,"* says Michelle Grundy, Director, Ontario Women's Centre. *"Then they can cope [with life's difficulties and struggles] without the use of substances and live a life of freedom and sobriety."* Those in addiction, their family, and their friends truly do begin their restoration at Teen Challenge Canada.

CENTRE LOCATIONS



ONTARIO MEN'S CENTRE
London, ON



Chuck Butler
Phone: 519.652.0777
Toll Free: 1.888.417.7777



NORTHERN ONTARIO MEN'S CENTRE
Sault Ste. Marie, ON



Nathan Mio
Phone: 705.942.7771
Toll Free: 1.800.480.3153



ONTARIO WOMEN'S CENTRE
Aurora, ON



Michelle Grundy
Phone: 905.727.3913
Toll Free: 1.877.979.7770



EASTERN ONTARIO MEN'S CENTRE
Renfrew, ON



Stephen Prendergast
Phone: 343.361.1011
Toll Free: 1.877.568.8282

SUBSTANCE USE STATISTICS

ONTARIO REGION ONTARIO	79% ↑	The number of opioid-related deaths increased by 79.2% in Ontario between February and December 2020. ¹
	4,500	The number of mental health and substance misuse-related Emergency Department visits in a single week in 2021 in Ontario. ²
	\$5 BILLION +	In Ontario, the annual cost of alcohol-related health care, law enforcement, corrections, lost productivity, and other problems is estimated to be at least \$5 billion. ³

1. Public Health Ontario, Changing Circumstances Surrounding Opioid-Related Deaths in Ontario during the COVID-19 Pandemic, 2021. www.publichealthontario.ca/-/media/documents/c/2021/changing-circumstances-surrounding-opioid-related-deaths.pdf

2. Canadian Mental Health Association Ontario et al. Everything Is Not OK, 2021. www.everythingisnotok.ca

3. Centre for Addiction and Mental Health, Driving Change: The Crisis Is Real, n.d. www.camh.ca/en/driving-change/the-crisis-is-real

HELP CLOSE TO HOME

In the Atlantic Canada Region, it can be difficult for those suffering from addiction to access treatment locally. The need is great across our nation, and Teen Challenge Canada is uniquely poised to offer faith-based addiction help close to home.

"It is a huge advantage when I tell people Teen Challenge has local recovery options for both men and women across Canada," says Atlantic Men's Centre Director, Matthew Barbour. Women are especially reluctant to seek treatment outside their province because it means they cannot visit with their loved ones or children on a regular basis.

Our two centres in Atlantic Canada have continued to help men and women find freedom from substance abuse during yet another year of COVID-19 challenges. *"Women and men in desperate situations do not have the luxury to wait for the end of the pandemic to get help,"* says Elizabeth Pearcey, Director, Atlantic Hope Women's Centre.

"Women and men in desperate situations do not have the luxury to wait for the end of the pandemic to get help."

— Elizabeth Pearcey, Director, Atlantic Hope Women's Centre

As Canada's addictions epidemic continues to worsen, the Atlantic Canada Region is not immune. *"At a church ministry team presentation, a father came to me completely broken because his son was in the depths of addiction,"* says Elizabeth. *"I gave him information about the Atlantic Men's Centre in New Brunswick and told him what a great place it is,"* she adds. *"When men and women in addiction are ready and willing to start treatment, travelling far from home and/or their local culture is not always an option."*

Teen Challenge Canada is proudly collaborating with a broader community of treatment professionals who are fighting addiction together in Atlantic Canada. Our centres and staff have strong relationships with other local detox centres and shorter programs, and our program frequently receives referrals from other organizations.

Your prayers, support, and financial gifts help keep our effective, faith-based program local and accessible. Thank you on behalf of those we serve and their families.

CENTRE LOCATIONS



ATLANTIC MEN'S CENTRE
Memramcook, NB



Matthew Barbour
Phone:
506.758.2377
Toll Free:
1.800.965.7170



ATLANTIC HOPE WOMEN'S CENTRE
St. John's, NL



Elizabeth Pearcey
Phone:
709.781.7118
Toll Free:
1.866.968.9450

SUBSTANCE USE STATISTICS

ATLANTIC REGION
NEW BRUNSWICK

99%

Of those who died from an apparent opioid-related overdose between 2016 and 2020 in NB, nearly 99% had consumed opioids alongside one or more other substances (such as alcohol).¹

20%

20% of New Brunswickers reported drinking more during the COVID-19 pandemic.²

ATLANTIC REGION
NEWFOUNDLAND & LABRADOR

25%

25% of individuals seeking addictions treatment in Newfoundland & Labrador reported using more than one problem substance.¹

3X

The number of newborn babies that had to be admitted to NICUs in Newfoundland & Labrador for withdrawal treatment related to opioids tripled from 2012 to 2017.²

1. Canadian Institute for Health Information. Substance Use Treatment in Newfoundland and Labrador [Infographic]. CIHI, 2018. www.ccsa.ca/sites/default/files/2021-01/CCSA-NTI-Newfoundland-and-Labrador-2017-2018-Data-Infographic-2021-en.pdf

2. Quinn, M. "Growing number of babies exposed to drugs during pregnancy." CBC News, 16 Apr. 2018. www.cbc.ca/news/canada/newfoundland-labrador/babies-drug-dependencies-1.4621257

EASTERN ONTARIO MEN'S CENTRE OPENS ITS DOORS

By the grace of God, our vision to have a centre in the Ottawa Valley has become a reality. On January 4, 2022, we welcomed our first clients to our new Eastern Ontario Men's Centre, the ninth Teen Challenge Canada centre nationwide.

The need is great – the number of deaths in Ottawa, ON due to opioid overdoses nearly doubled in 2020.¹ This new centre joins three other Teen Challenge Canada centres (two men's centres and one women's centre) already operating in the Ontario region. These local beds are crucial to helping those struggling with addiction access treatment close to home and achieve deep, lifelong change.



Through your faithful financial support, prayers, and volunteer hours, we undertook extensive renovations of this beautiful property over the last several years. Located outside of Renfrew, ON, this nearly 200-acre rural centre will be able to house up to 16 men once COVID-19 restrictions are eased and the centre can ramp up to full capacity.

"I am thrilled and a bit anxious," says Eastern Ontario Men's Centre Director, Stephen Prendergast. He began hiring and training staff in late 2021. *"I want to be a servant leader and equip my staff to help men in their recovery journey. Along with our newly hired staff, I am overjoyed to welcome the first men to our new centre,"* adds Stephen.

It is the journey of addiction recovery that Stephen knows well. Fourteen years ago, he was in treatment at the Teen Challenge Ontario Men's Centre. After graduating the program, attending Bible college, and becoming an Accredited Addictions Counsellor, he moved to the Ottawa Valley in 2019 to raise funds and awareness in the local community.

We are delighted to finally open the doors of the Eastern Ontario Men's Centre. Your investment of time, prayer, and finances will yield an abundance of healing for men experiencing addiction and their families for years to come; we could not have done this without you.

¹ Deachman, B. "Opioid Overdose Fatalities Skyrocketed in Ottawa in 2020" Ottawa Citizen, May 7, 2021. <https://www.ottawacitizen.com>

TO OUR FRONTLINE STAFF ... THANK YOU!

Teen Challenge Canada extends a warm and sincere thank you to all of our frontline staff who have persevered and supported those in our care throughout 2021.

The COVID-19 pandemic has forced us all to adapt and grow in ways we never imagined; but we did. **Over the past two years, Teen Challenge's remarkable frontline staff, including our cleaners, food service workers, and around-the-clock Community Support Workers, have pulled together time and time again to ensure all those in our care can continue on their journey to recovery.** Through their hard work and dedication, we have found new ways of connecting with each other and providing exceptional care to men and women facing addiction during these changing and challenging times.

"Thank you to our staff for always stepping up. You truly are the hands and feet of Christ and a blessing in difficult times."

– Don Trepanier, Chief Program Officer, Teen Challenge Canada

Through it all, our staff have always remained focused on the people we support. The calling to help people in crisis is a difficult one, and the COVID-19 pandemic has magnified many of the challenges of addiction recovery work. The compassion, sensitivity, and dedication demonstrated by our staff to those struggling with addiction is a daily testament to God's love and provision. **We know that the daily love and commitment shown to the men and women at our Teen Challenge Canada centres truly is impacting lives, restoring families, and transforming communities – over and over again. To all of our centre staff ... thank you!**



THE Journey

SUPPORTING THE WORK OF TEEN CHALLENGE

“The Journey” is a passionate and determined group of supporters who give regularly in support of the work of Teen Challenge Canada. Month after month, year after year, their reliable and recurring gifts provide financial stability to the Teen Challenge mission – to help men and women on their journey to find lasting freedom from addiction.

Teen Challenge Canada is dedicated to removing any financial barriers for men and women looking to access our transformative drug and alcohol treatment program. As such, clients pay only a nominal fee when they enter the program – a fee that does not even come close to covering the cost of an in-residence treatment program that lasts 12 to 36 months. This is where The Journey’s community of sponsors comes in. These faithful individuals who give regularly put victory over addiction within reach of all Teen Challenge clients.

But ongoing support from The Journey community is not just the lifeblood of Teen Challenge Canada’s programs. Gifts provided are a testimony to all those entrenched in addiction across Canada – that in the midst of their brokenness and pain, there is still hope. Regular support means that day by day, choice by choice, men and women in the Teen Challenge Canada program can learn to face their past and embrace new life as they begin to experience personal change that can lead to lifelong freedom from addiction.

Consider joining The Journey today by becoming a part of a committed team of people whose mission it is to fund 233, 12-36 month addiction treatment beds, with the goal of fighting the effects of addiction and substance abuse within local families and communities across Canada.

Together, we are making a difference in the lives of men and women across Canada!



Scan the QR code to watch our sponsorship video or visit ...

www.teenchallenge.ca/thejourney



INVESTING IN CHANGING LIVES

“We want to turn our misery into ministry,” says Doug Romanuk. He and his wife Denise had supported Teen Challenge for more than a decade. When Denise passed away in June 2021, he and his sons, Matthew and Jayson, set up a memorial fund in her name.

“We are investing in organizations like Teen Challenge that are literally changing lives every day,” says Doug. The family’s memorial fund helps support not only addiction recovery through the ministry of Teen Challenge Canada, but also other agencies that help bring refugees to Canada.

Doug is a Senior Vice President at Bison Transport in Calgary, Alberta. Employees at Bison, family, and friends have donated generously to Denise’s memorial fund. **“Supporters want to invest in organizations that are making a difference today and for the future,”** says Doug. He appreciates that Teen Challenge tracks graduates for several years and that many are still free from addiction. **“When you hear testimonies from graduates [now employed with Teen Challenge] like Cary Snyder (Director of Development, Teen Challenge Canada), and David Tait (Senior Development Officer, Prairie Region), how can you deny the incredible work the ministry is doing across this country? It is well worth the investment.”** The Romanuks were a platinum sponsor of the Teen Challenge Canada National Virtual Gala in November 2021.

Before COVID-19, Doug was personally involved with the Alberta Men’s Centre. This year when pandemic restrictions permitted, at the request of his sons, Matthew and Jayson, they delivered Christmas gifts and spent time with men at the centre. **“This is our way of turning tragedy into triumph,”** says Doug.

“I tell so many people about Teen Challenge because of the great, sustainable work that gets done in the lives of men and women across Canada that is so necessary.” He is excited that the Alberta Men’s Centre recently doubled its treatment and recovery beds to 30. **“The more support Teen Challenge Canada has, the more people they can help; I am proud to support such an amazing ministry.”**



Denise Romanuk

“How can you deny the incredible work Teen Challenge Canada is doing across this country? It is well worth the investment.”

— Doug Romanuk, Teen Challenge Supporter

VULNERABILITY IS STRENGTH

For Dayna Chaleunsouk, finding freedom from addiction was a process. For him, that meant trying the Teen Challenge program more than once. In 2017, Dayna attended the Ontario Men's Centre and made progress in his recovery, but *"kept stuff bottled up inside."* Life and his family had taught him to keep his pain a secret. Dayna left a month short of graduating and went to work at a dairy farm.

After leaving the program, one morning Dayna remembered a Bible story he heard at the Teen Challenge centre. A prodigal son had wasted his inheritance on alcohol and parties, only to be welcomed home by his forgiving father. *"I was in tears, covered in dirt. I felt God's presence with me."* Dayna called his parents and they agreed to let him return home. Unfortunately, Dayna went right back to using crack cocaine.

He wasn't ready to beat his 21-year addiction until a frightening encounter during a drug-induced psychosis. *"I knew I had two choices – eternal life or eternal death."* Dayna chose life and called Teen Challenge Canada. Before flying to the Atlantic Men's Centre in Moncton, NB, Dayna promised God he would surrender everything. *"The first time I shared in [support] group, the other guys clapped like I'd won an award,"* says Dayna.

Throughout Dayna's time at Teen Challenge, what gave him hope was hearing from men with lifelong addictions who implemented the Teen Challenge program into their lives after graduating. Their continued success inspired Dayna to believe, *"If they can do it, I can do it; I should not give up."*

Dayna graduated in 2019 and now invests in men recovering from addiction as the kitchen manager at a shelter and treatment centre in Moncton. Newly married, Dayna and his wife welcomed a daughter in December 2021. Dayna is also developing ready-made meals to sell through his social enterprise "At the Table."

"[In Teen Challenge] I learned vulnerability is actually strength. Being honest allows me to be free, and being free allows me to be the husband and father I am meant to be. Thank you, Teen Challenge, for not giving up on me."



Mr. & Mrs. Chaleunsouk with their newborn daughter

"If they can do it, I can do it."

– Dayna Chaleunsouk, Teen Challenge Canada Graduate 2019

RECOVERY RIPPLES FROM INDIVIDUALS TO FAMILIES TO COMMUNITIES



Men and women in active addiction can be destructive. They describe how they have broken promises, stolen from loved ones, and degraded themselves just to acquire their substance of choice. Families and friends get hurt when the next high is someone in addiction's only focus. Communities pay in healthcare and justice costs and lose out on employees who could be contributing to the local economy.

The "script" is flipped when men and women find true healing and sobriety at Teen Challenge Canada. Our program helps those in our care take responsibility and prioritize the needs of others. Using the tools learned during their time in our program, our graduates send ripples of recovery through all their relationships as they become a blessing to their spouses, children, and loved ones. Recovery does not guarantee families will be restored, but it makes reconciliation possible.

"Recovery does not guarantee families will be restored, but it makes reconciliation possible."

Communities also benefit when those in addiction find lasting freedom from that addiction. Day by day, men and women in our care learn to face their past and embrace new life. And when ready, they return to their communities to make a positive difference. Individuals free from addiction can grow into valued employees who strengthen businesses. They can volunteer with and donate to other non-profits. They can take on leadership roles in their families and churches and help others experience God's love. Some graduates also become trusted staff at our Teen Challenge centres. **In fact, 25% of Teen Challenge Canada staff have graduated from our faith-based program!**

We know our graduates are a living legacy that demonstrates the power of God to transform those in addiction. They can bring healing and hope to their families and communities.

BECAUSE INDIVIDUALS GIVE TO TEEN CHALLENGE CANADA

Teen Challenge Canada is a testament to the compassion and generosity of our donors.

The return on investment is not only for those recovering from addiction, but also for their loved ones and communities. Individuals who receive treatment return to their communities and are able to give back by working, volunteering, and many times becoming supporters of the program.



GET HELP TODAY!

The Canadian Mental Health Association reports that 1 in 5 Canadians will meet the criteria for addiction in their lifetime. One day and one choice at a time, the fear, shame, and guilt pile up for those struggling with personal addictions. Family, friends, work, and hobbies become collateral damage. Addiction gradually ruins everything that is good in someone's life.

We know that when someone reaches out for help, it is a huge, brave first step. Teen Challenge is there for those who need that help.

As one ministry with nine centres across the country, the Teen Challenge Canada program offers individuals an opportunity to find freedom from life-controlling personal addictions.

Within our core faith-based, 12-month, in-residence program, men and women make the life changes necessary to live a life of sobriety. We provide aftercare resources – crucial support after graduation to reduce the dangers of returning to substance use during the difficult adjustment period following treatment. For those who need to further deepen their recovery, there are opportunities for graduates to spend an additional 6 to 24 months in-residence at a Teen Challenge centre working alongside staff as part of our Phase4 and Phase5 programs.

The path forward is hard, and those in addiction treatment often experience setbacks and stumbles along the way. But at a Teen Challenge centre, they will never face them alone. Our compassionate staff help clients overcome obstacles, celebrate their individual successes, and support them as they are restored to their families and communities.

Our ministry exists for all who are ready to take the brave first step towards recovery. When someone in pain finally says “no more” to addiction, we are ready to respond with local treatment beds available across the country.

Addiction doesn't happen overnight, and neither does real change. Day by day, choice by choice, we help those in addiction start their recovery journey so that they can overcome substance addictions to lead full and productive lives every day!



GET HELP TODAY

THERE IS *hope* ...LET US *help*

Teen Challenge is an in-residence drug and alcohol rehabilitation program with centres located across Canada.

1-877-343-1022

FOR MORE INFORMATION, VISIT US AT WWW.TEENCHALLENGE.CA



Scan the QR code to watch our “Get Help Today!” video or learn more at

www.teenchallenge.ca/get-help

CELEBRATING THE TEEN CHALLENGE THRIFT STORE

In 2021, we celebrated the fourth anniversary of the Teen Challenge Thrift Store in London, Ontario. This social enterprise is another way the community can help support life-changing transformation for the men and women in the Teen Challenge Canada program.

Thrift Store Manager Chuck McDougall says, *"The Teen Challenge Thrift Store is another touchpoint in the community to spread the news about our faith-based recovery ministry."*

People from all walks of life donate used clothing, furniture, household items, and electronics; supporters also shop and volunteer at the store. The venture also gives men recovering at the Ontario Men's Centre (London, ON) a place to learn

real-world job skills during work therapy at the store. *"Our operation also benefits the environment by reducing the amount of waste going to the landfill,"* says Chuck.

100% of Thrift Store profits go towards supporting men and women seeking freedom from addiction in the Teen Challenge Canada program. www.tcthriftstore.ca



DONATION PROGRAM SALVAGES VEHICLES AND SAVES LIVES

Donating a used car to Teen Challenge Canada does a world of good. For more than 20 years, proceeds from selling refurbished vehicles and scrap metal have been invested back into our life-changing addiction recovery ministry. But that's just the beginning of the benefits of this social enterprise.

Vehicle Donation Program (VDP) Manager, Ryan McLaughlin says, *"As a graduate of the Teen Challenge Canada program, I feel truly blessed to be given the opportunity to give back and partner with the ministry that helped save my broken life. I am honoured to come alongside others in the program as they seek freedom from addiction through the Teen Challenge ministry."* The fact that one-third of our VDP staff are Teen Challenge graduates testifies to the effectiveness of our faith-based program. Ryan adds, *"Donors and suppliers are blessed when they hear life-changing stories from men and women and witness the difference they are making. Donating a car really does change a life!"*

Learn more by visiting www.donateyourcar.ca



RESPONSE TO ADDICTION IN CANADA

WHY DO WE RESPOND?

› TO ANSWER GOD'S CALL

Those caught in addiction are among the most vulnerable in society. With our recovery program, we extend the healing hand of God to those who are struggling with substance abuse.

› TO SAVE LIVES

There were 1,720 apparent opioid toxicity deaths between April and June 2021 (approx. 19 deaths per day.) Our intensive, 12-month program aims to save more lives and allow more individuals to find freedom from life-controlling addiction.

› TO ENABLE LONG-TERM CHANGE

Our therapeutic program equips those who are experiencing addiction and empowers them to change all areas of their lives. The ultimate goal is abstinence – living a life of complete sobriety.

› TO RESTORE FAMILIES AND COMMUNITIES

When those struggling with addiction find their way back to health and wholeness, families are restored and communities are strengthened. Our graduates can fully embrace their roles as spouses, parents, siblings, workers, volunteers, and friends.

› TO WITNESS TRANSFORMATION

It's a joy for Teen Challenge staff and volunteers to witness someone struggling with addiction find freedom, peace, and a hope for a brighter future. Witnessing changed lives makes the long and hard work worthwhile.



THE TEEN CHALLENGE DIFFERENCE

WHAT DEFINES US?

✓ OUR PERSONNEL ARE CHRISTIAN

Our compassionate staff are committed to Christ and to demonstrating God's love. They remain sensitive, yet firm in this difficult calling to work with people in crisis.

✓ OUR STAFF ARE SKILLED

Trusting God for the ultimate outcome, our staff harness the best insights, practices, and methods for therapy, counselling, skills training, and personal development.

✓ OUR APPROACH IS INTENSIVE

Clients live communally 24 hours a day and participate in extensive learning and therapeutic activities for an entire year.

✓ OUR PROGRAM IS VOLUNTARY

We do everything we can to help clients complete the program, but give them the freedom to leave.

✓ OUR PROGRAM IS HOLISTIC

We use a variety of program elements to help clients grow healthy spiritually, socially, mentally, and physically.

✓ RECOVERY IS A PROCESS OF SPIRITUAL AND PERSONAL GROWTH

Breaking patterns of addiction is messy, time consuming, and hard. To get free, clients need to unpack and allow God's light to shine on their darkest moments and deepest needs. They must also learn to trust others and form healthy relationships.

✓ FAITH TRANSFORMS

Clients do not need to be Christian to enroll in Teen Challenge. However, there is a radical impact when men and women acknowledge God's place in their lives and accept His offer of a clean slate. As hope, grace, and forgiveness take root, they are launched on a lifelong journey of transformation.

NATIONAL BOARD



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OTHER TEEN CHALLENGE CENTRES ACROSS CANADA

ADULT & TEEN CHALLENGE SOCIETY OF BC



Surrey Women's Centre
19465 16 Ave
Surrey, BC V3Z 9V2
DIRECTOR: Wendy Townsend
wtownsend@teenchallengebc.com



Chilliwack Men's Centre
4166 Eckert Street
Chilliwack, BC V2R 5J6
DIRECTOR: Janalyn Oige
joige@teenchallengebc.com



Okanagan Men's Centre
4550 Glenmore Road North
Lake Country, BC V4V 1L7
DIRECTOR: Janalyn Oige
joige@teenchallengebc.com

IF YOU OR SOMEONE YOU KNOW NEEDS HELP, PLEASE CALL...

Surrey Women's Centre
604.575.3930 ext. 303

Chilliwack Men's Centre
604.575.3930 ext. 204

Okanagan Men's Centre
604.575.3930 ext. 404

TEEN CHALLENGE CANADA CENTRE INFORMATION

PRAIRIE REGION

Teen Challenge Alberta Men's Centre – PO Box 24010 RPO Evergreen, Calgary, AB T2Y 0J9
PHONE: 403.931.3501 TOLL FREE: 1.800.856.8902 DIRECTOR: Greg Cornelsen

Teen Challenge Saskatchewan Men's Centre – PO Box 21111, Saskatoon, SK S7H 5N9
PHONE: 306.257.3325 TOLL FREE: 1.877.396.9152 DIRECTOR: Zach Drew

Teen Challenge Prairie Hope Women's Centre – PO Box 21111, Saskatoon, SK S7H 5N9
PHONE: 306.225.2213 TOLL FREE: 1.866.663.7060 DIRECTOR: Robyn Arcand

ONTARIO REGION

Teen Challenge Ontario Men's Centre – Lambeth Box 777, London, ON N6P 1R6
PHONE: 519.652.0777 TOLL FREE: 1.888.417.7777 DIRECTOR: Chuck Butler

Teen Challenge Ontario Women's Centre – PO Box 100, Stn Main, Aurora, ON L4G 3H1
PHONE: 905.727.3913 TOLL FREE: 1.877.979.7770 DIRECTOR: Don Trepanier

Teen Challenge Northern Ontario Men's Centre – PO Box 20012 RPO East End, Sault Ste. Marie, ON P6A 6W3
PHONE: 705.942.7771 TOLL FREE: 1.800.480.3153 DIRECTOR: Nathan Mio

Teen Challenge Eastern Ontario Men's Centre – PO Box 61 Stn Main, Renfrew, ON K7V 4A2
PHONE: 343.361.1011 TOLL FREE: 1.877.568.8282 DIRECTOR: Stephen Prendergast

ATLANTIC REGION

Teen Challenge Atlantic Men's Centre – PO Box 911, Moncton, NB E1C 8N8
PHONE: 506.758.2377 TOLL FREE: 1.800.965.7170 DIRECTOR: Matthew Barbour

Teen Challenge Atlantic Hope Women's Centre – PO Box 8713 Stn 'A', St John's, NL A1B 3T1
PHONE: 709.781.7118 TOLL FREE: 1.866.968.9450 DIRECTOR: Elizabeth Pearcey

ADULT & TEEN CHALLENGE OF CENTRAL CANADA INC.



Brandon Women's Centre
Site 325, Box 24, RR 3
Brandon, MB R7A 5Y3



Winnipeg Men's Centre
414 Edmonton Street
Winnipeg, MB R3B 2M2



Thunder Bay Men's Centre
PO Box 10443
Thunder Bay, ON P7B 6T8



Thunder Bay Women's Centre: Hope House
107 Johnson Avenue
Thunder Bay, ON P7B 2V9



Denare Beach Men's Centre: Freedom Outreach
PO Box 271
Denare Beach, SK S0P 0B0



Steinbach Men's Centre
73 Westview Drive
Steinbach MB R5G 0T2

IF YOU OR SOMEONE YOU KNOW NEEDS HELP...
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TEEN CHALLENGE QUÉBEC



Défi-Jeunesse Québec
878 rang Saint-François, Lotbinière, Québec G0S 1S0
DIRECTOR: Ron Lussier | info@defijeunesse.org

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(Centres indicated are 12-month core program facilities)

TEEN CHALLENGE CANADA

2021 IMPACT REPORT

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