



2019 **TEEN
CHALLENGE
CANADA**

ANNUAL REPORT

A MESSAGE FROM THE CHAIRMAN

— JACQUES LAPOINTE —

I joined the Teen Challenge Canada Inc. Board more than 10 years ago. I stay involved because of the powerful way this ministry impacts the lives and families of those caught in addiction. 2019 has been our most intense and productive year yet as we increased our capacity and effectiveness of our proven program.

Our organization added 28 new core program beds and trained staff to serve men and women in addiction who will occupy those beds. All this was accomplished while transitioning our top leadership. The Board is grateful for Glen Smeltzer [CEO] and our management team's hard work as they moved our ministry forward and balanced priorities.

Under God's direction, the groundwork for this success was laid in prayer and planning over many years. A decade ago, we saw the need for more faith-based, in-residence recovery beds in Canada—especially for women; but we were not able—organizationally or financially—to address this need.

But now it is amazing to see the fruit of strengthening our organization through improved staff training, program enhancement and the centralization of functions including intake and fundraising support. Teen Challenge Canada Inc. truly operates as one ministry with many centres. We are better prepared, now more than ever, to meet the desperate and ever-increasing need for addiction treatment in Canada.

While we strengthened the ministry, we reinforced relationships with churches, individuals and communities. The financial gifts, volunteer time, and prayers that have come from these enriched relationships, have been vital.

Thank you for making a difference in the lives of men and women with addictions, through the work of Teen Challenge Canada!



Jacques LaPointe, Board Chair, Teen Challenge Canada Inc.



JACQUES LAPOINTE
BOARD CHAIR

"THERE IS NO DOUBT THAT IF I DIDN'T GO TO TEEN CHALLENGE, MY ADDICTION WOULD HAVE PROGRESSED AND I WOULDN'T BE ALIVE." — **ROCCO AGOSTINI, TEEN CHALLENGE GRADUATE 2008**

THE TEEN CHALLENGE

RESPONSE TO ADDICTION IN CANADA

WE ARE TRANSFORMATIVE

We are a faith-based program. With God in our students' lives, hope, grace and forgiveness take root as they begin a lifelong journey of transformation.

RECOVERY IS A PROCESS

Breaking patterns of addiction is messy, time consuming and hard.

WE ARE INTENSIVE

Through our year-long in-residence program, students explore the roots of their addiction through extensive therapeutic activities.

WE ARE HOLISTIC

Through our program students grow healthy spiritually, socially, emotionally and physically.

WE ARE VOLUNTARY

To be successful, students must own their recovery - they choose to enter our program and can choose to leave our program.

WE ARE CHRISTIAN

Our caring staff are committed to Christ, the addict and to demonstrating God's love daily.

WE ARE SKILLED

Trusting God for the ultimate outcome, our trained staff harness the best insights, practices and methods.

"Our program goal is complete abstinence from substances for men and women who are addicted. At Teen Challenge Canada, we believe in inner transformation along with behaviour modification. A longer-term program, like ours, facilitates personal change rooted in the heart and spirit that can lead to lifelong freedom from addiction."

– Glen Smeltzer - CEO, Teen Challenge Canada

TEEN CHALLENGE CANADA

A MESSAGE FROM THE CEO GLEN SMELTZER

In 2019, Teen Challenge Canada added 28 new core program beds, increasing our overall bed capacity by 22% nationally—as we opened two new women's centres, one in NL, another in SK and expanded our Men's Centre in NB. More than a place to sleep, each bed represents a year's worth of addiction counselling, life coaching, healthy food, work therapy, safety, community, plus lots of love and encouragement, for those caught in addiction.

In reality, we added an additional 28 opportunities for men and women to receive recovery help and to experience a new life free from substance use! **In total, we provide space and tools for 120 men and 38 women to get free from addiction across the country.**

There is a spectrum of approaches for dealing with addiction, from safe injection sites, to replacing drugs with methadone, to extensive counselling and other therapies. Each approach has its place. Teen Challenge Canada's approach supports men and women desiring to stop using drugs and alcohol permanently. On average our students have tried at least three other rehab centres before coming to Teen Challenge. Each program furthered them along their recovery journey. Our goal is to help those in addiction build a life, free from drugs and alcohol, believing that total abstinence from substance use will transform families and communities.

I am thankful to work with a strong and strategic board, that considers the big picture and the long game while trusting in God. Teen Challenge Canada today is poised to help more individuals find freedom and reach their full potential. It is our belief, that through Jesus, true freedom from drugs and alcohol is possible. With thousands in our communities held captive by addiction, it has never been more important for Teen Challenge Canada to be able to offer the option of our intense, voluntary, 12-month, faith-based addiction rehabilitation services to those trapped in addiction.

Thank you for your support in the fight against addiction in Canada.



Glen Smeltzer, CEO, Teen Challenge Canada



STATE OF ADDICTION IN CANADA

The drug epidemic in Canada is growing by all measures—deaths, provincial costs, and the destruction caused to families. According to the Government of Canada website, *“The opioid crisis continues to devastate communities and families across the country. It is affecting the health and lives of people from all walks of life, all age groups and all socio-economic backgrounds.”*⁽¹⁾

However, opioids are not the only problem in the addiction landscape. The Canadian Institute for Health reports that in 2017, 10 people died/day due to substance abuse—75% of those deaths were due to alcohol alone.⁽²⁾

Addiction not only robs our communities and country in the present, it also undermines our future. Studies have shown that children growing up in a household with a parent who abuses substances, are more likely to be exposed to emotional, sexual, and physical abuse, domestic violence, family breakdown, suicide attempts and incarceration. These experiences are strong predictors of future substance abuse and debilitating depression among children and teens, continuing the cycle of addiction.⁽³⁾ **We can’t afford to stand by while addiction ravages men, women and families in Canada!**

Sources

1. www.canada.ca/en/health-canada/services/substance-use/problematic-prescription-drug-use/opioids/data-surveillance-research/harms-deaths.html
2. www.cbc.ca/news/health/alcohol-hospital-1.5174338
3. www.cpmh.biomedcentral.com/articles/10.1186/1753-2000-3-6
4. www.csuch.ca/resources/national/
5. www.csuch.ca/resources/national/
6. www.health-infobase.canada.ca/substance-related-harms/opioids
7. www150.statcan.gc.ca/n1/daily-quotidien/191030/dq191030a-eng.htm
8. www150.statcan.gc.ca/n1/daily-quotidien/190530/dq190530d-eng.htm

THE STATE OF ADDICTION IN CANADA



\$38.4 BILLION ↑

In 2014, substance use cost Canada \$38.4B, in health care, criminal justice, lost productivity and other direct costs; up from \$14.6 billion in 2002.⁽⁴⁾

(Canadian Substance Use Costs & Harms)



70% 9.1% 7.3%

Almost 70% of 2014 substance use costs were due to alcohol & tobacco; opioids accounted for 9.1% and cannabis 7.3%.⁽⁵⁾

(CSUCH)



13,900 DEATHS

13,900 people died of apparent opioid overdose between January 2016-June 2019⁽⁶⁾

(Gov't of Canada)



578,000 CANADIANS

578,000 Canadians began using cannabis for the first time since it was legalized in October 2018.⁽⁷⁾ (StatsCan, 3rd quarter of 2019)



LIFE EXPECTANCY ↓

In 2017, Canadians' life expectancy decreased for the first time in 40 years; largely due to overdose deaths among young adult men.⁽⁸⁾

“Though the opioid addiction crisis receives a lot of attention, it is not the only addictive substance wreaking havoc in the lives of Canadians. It has never been more important for Teen Challenge Canada to expand our capacity so that more men and women in addiction can find freedom.”

Don Trepanier

Chief Program Officer, Teen Challenge Canada



BUT BECAUSE TEEN CHALLENGE EXISTS...

— ACTUAL TEEN CHALLENGE STUDENT ANSWERS

"MY LIFE WAS SAVED FROM ADDICTION."

"MY FAMILY HAS THEIR SON, BROTHER AND FRIEND BACK."

"I HAVE A PLACE TO GO TO HEAL AND BE TRANSFORMED."

"I HAVE FOUND FREEDOM FROM ADDICTION AND A NEW PURPOSE IN LIFE."

"I HAVE BEEN GIVEN HOPE AND A SECOND CHANCE."

"I HAVE A NEW ATTITUDE ON LIFE."

"MY RELATIONSHIPS WITH FRIENDS AND FAMILY ARE BEING RESTORED."

WHY FAITH MATTERS

There are a range of effective addiction treatment options in Canada. Not everyone wants or understands the benefits of faith-based rehabilitation, but for those who do, Teen Challenge Canada has a proven program.

For nearly 50 years, Teen Challenge has been offering help and hope to those caught in addiction through our intense, voluntary, 12-month, in-residence, Christian drug and alcohol recovery program.

In a 2017 report by the Canadian Centre on Substance Use & Addiction, 63.3% of study participants said religion or spirituality were significant to their addiction recovery.⁽¹⁾ While our program is based on Christian principles, men and women don't need to share our beliefs to access our life-changing services. We're here for everyone who wants help.

At Teen Challenge Canada, we believe that God is the catalyst for change for people with life-controlling drug and alcohol problems. Faith offers a guide for life and helps people answer important questions about themselves and how to act in the world. Christian faith also helps people love themselves and those around them, in contrast to the destructive choices and behaviours demonstrated by many while trapped in addiction.

Our holistic faith-based program gives men and women an opportunity to transform their thinking and their actions. During educational sessions and personal devotional times, they learn to apply biblical truths to their lives. Ottawa pastor, John Counsell, comments, "From my experience, Teen Challenge graduates return changed by God. They have powerful transformation stories."

Teen Challenge is pleased to offer faith-based treatment as one part of the Canadian recovery solution to the addiction crisis across Canada.

Sources

1. www.ccsa.ca/sites/default/files/2019-04/CCSA-Life-in-Recovery-from-Addiction-Report-2017-en.pdf

"ASK AND IT SHALL BE GIVEN TO YOU...KNOCK AND THE DOOR WILL BE OPENED."

MATTHEW 7:7

Pray for Teen Challenge

"My wife and I pray for Teen Challenge every day," says long-time supporter Kevin Miller. You can pray for Teen Challenge too!

PRAY FOR ...

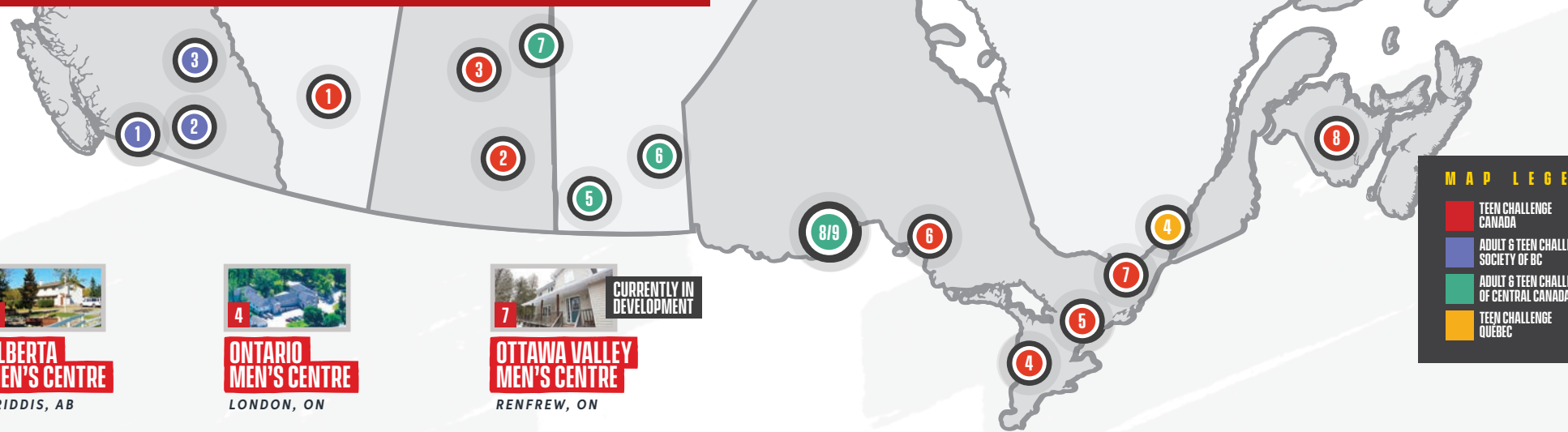
- ✓ Courage for men and women to do the hard work of recovery every day.
- ✓ Wisdom and patience for our Centre staff who walk with those in recovery.
- ✓ Funds needed to continue to support the men and women in our program across Canada.
- ✓ Those who are still considering entering the Teen Challenge program—that they make the hard decision needed to see change in their lives and commit to our year-long program.

"LET US NOT BECOME WEARY IN DOING GOOD, FOR AT THE PROPER TIME WE WILL REAP A HARVEST IF WE DO NOT GIVE UP."

GALATIANS 6:9

TEEN CHALLENGE CENTRES ACROSS CANADA

GROWING STRONGER TO STRENGTHEN COMMUNITIES ONE LIFE AT A TIME



1 ALBERTA MEN'S CENTRE

PRIDDIS, AB



4 ONTARIO MEN'S CENTRE

LONDON, ON



7 OTTAWA VALLEY MEN'S CENTRE

RENFREW, ON

CURRENTLY IN DEVELOPMENT



2 SASKATCHEWAN MEN'S CENTRE

ALLAN, SK



5 ONTARIO WOMEN'S CENTRE

AURORA, ON



8 ATLANTIC MEN'S CENTRE

MEMRAMCOOK, NB



3 PRAIRIE HOPE WOMEN'S CENTRE

HAGUE, SK



6 ONTARIO NORTH MEN'S CENTRE

SAULT STE. MARIE, ON



9 ATLANTIC HOPE WOMEN'S CENTRE

ST. JOHN'S, NL

1 ABBOTSFORD WOMEN'S CENTRE

ABBOTSFORD, BC

4 DÉFI-JEUNESSE QUÉBEC

LOTBINIÈRE, QC

7 DENARE BEACH MEN'S CENTRE: FREEDOM OUTREACH

DENARE BEACH, SK

2 CHILLIWACK MEN'S CENTRE

CHILLIWACK, BC

5 BRANDON WOMEN'S CENTRE

BRANDON, MB

8 THUNDER BAY WOMEN'S CENTRE: HOPE HOUSE

THUNDER BAY, ON

3 OKANAGAN MEN'S CENTRE

LAKE COUNTRY, BC

6 WINNIPEG MEN'S CENTRE

WINNIPEG, MB

9 THUNDER BAY MEN'S CENTRE

THUNDER BAY, ON

TEEN CHALLENGE 12-MONTH BEDS



158 TEEN CHALLENGE CANADA



43 ADULT & TEEN CHALLENGE SOCIETY OF BC



14 TEEN CHALLENGE QUEBEC



65 ADULT & TEEN CHALLENGE OF CENTRAL CANADA

POST-GRADUATE BEDS



38 TEEN CHALLENGE CANADA



14 ADULT & TEEN CHALLENGE SOCIETY OF BC



6 TEEN CHALLENGE QUEBEC



31 ADULT & TEEN CHALLENGE OF CENTRAL CANADA

"With an addiction crisis in Canada, everyone has a part to play in saving lives. Teen Challenge Canada proudly stands and fights addiction with other Teen Challenge ministries, nonprofit organizations, government departments and for-profit rehabilitation services; please continue to stand with us."

– Don Trepanier - Chief Program Officer, Teen Challenge Canada

Teen Challenge organizations from across Canada are working together to be part of the solution to the addiction crisis. **Together, we provide 369 (core 12-month and post-graduate) beds** to serve men and women who want to find freedom from addiction.

KEY ACCOMPLISHMENTS IN 2019

- ✓ Opened the first beds at the new Prairie Hope Women's Centre (Hague, SK) and received the first students in March 2019.
- ✓ Opened the first beds at the new Atlantic Hope Women's Centre (St. John's, NL) and welcomed students in July 2019.
- ✓ Completed building shell of the expanded Alberta Men's Centre.
- ✓ Continued with construction of the Ottawa Valley Men's Centre (Renfrew, ON).
- ✓ Renovated the Atlantic Men's Centre to add 10 core program beds.
- ✓ Secured funding and continued construction of the Ontario Men's Centre (London, ON) Food Services Complex.
- ✓ Developed and introduced a Program Case Management Database to customize treatment plans for each student to enhance retention and success rates.
- ✓ Hired an Aftercare Coordinator to help graduates connect with community resources and continue in their recovery.

"EACH OF THE 28 CORE BEDS WE ADDED IN 2019, IS AN OPPORTUNITY FOR A MAN OR WOMAN IN ADDICTION, TO EXPERIENCE DEEP AND LASTING CHANGE."

— GLEN SMELTZER - CEO, TEEN CHALLENGE CANADA

KEY PLANS FOR 2020



Raise balance of funds needed to finish the building interior and open our newly expanded Alberta Men's Centre (Priddis, AB).



Continue to raise needed funds to open the first 6-beds at the Ottawa Valley Men's Centre (Renfrew, ON).



Complete the Food Services Complex at the Ontario Men's Centre (London, ON), so students and staff can eat together and families can be hosted more comfortably.



Further enhance our program to help more students achieve their recovery goals, with a special emphasis on success in their first few weeks and months.

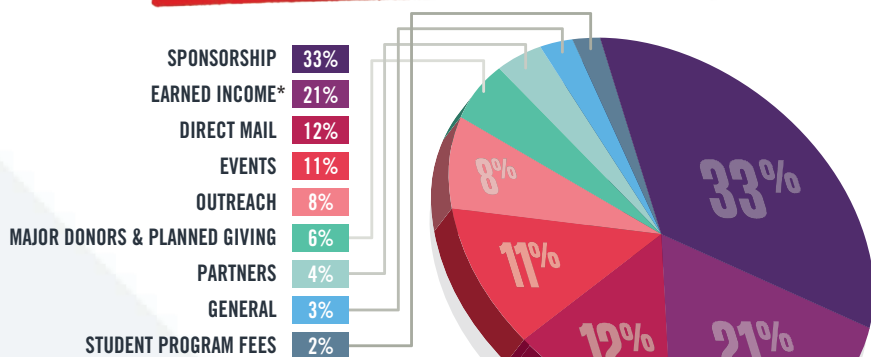


Continue to improve efficiencies within the Vehicle Donation and Thrift Store programs, to provide constructive work therapy opportunities for students and generate funds for Teen Challenge.



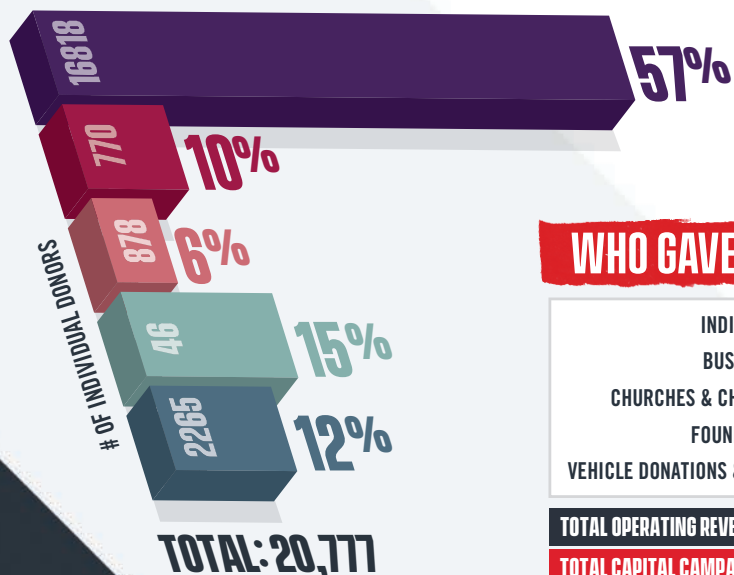
Strengthen our ability to address concurrent mental health issues that increasingly accompany substance addictions.

DISTRIBUTION OF GIVING INCOME



*includes Vehicle Donation and Thrift Store Programs

THANK YOU TO THE **20,777 DONORS** WHO GAVE OVER \$16 MILLION TO HELP MEN AND WOMEN IN ADDICTION IN 2019!

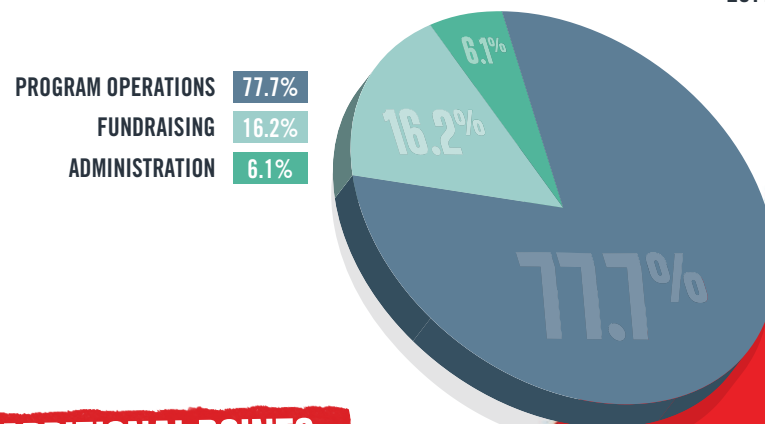


WHO GAVE IN 2019

INDIVIDUALS	57%
BUSINESSES	10%
CHURCHES & CHARITIES	6%
FOUNDATIONS	15%
VEHICLE DONATIONS & OTHER	12%
TOTAL OPERATING REVENUE	\$11,100,000
TOTAL CAPITAL CAMPAIGN	\$5,500,000
TOTAL	\$16,600,000

5-YEAR AVERAGE EXPENDITURE DISTRIBUTION

2014-2019



ADDITIONAL POINTS

- In 2019, 205 Gift-in-Kind (GIK) donors gave a total of \$771,090
- Student fees (\$1000/pp) only fund 2% of the overall cost of the Teen Challenge program
- 379 additional donors supported Teen Challenge in 2019
- The average monthly cost per program bed is \$4,600
- Teen Challenge Canada spends on average \$600 per month per student on meals and food services

"By God's grace and the donations from faithful supporters, Teen Challenge Canada has been able to raise over \$13.9 million (over four years) towards our Centre expansion projects."

– Jim Palmer - Director of Finance, Teen Challenge Canada

TEEN CHALLENGE GRAD STORY

LIFE IS GOOD

Al was a functional alcoholic by his mid-20's. He and his wife worked hard all week and partied harder on the weekends. Life seemed good—until tragedy struck.

One night, Al and his wife smoked and drank until they collapsed into a drunken sleep. A neighbour called 911 when he noticed smoke pouring from their mobile home. Al woke up just in time to escape the flames. His wife, friend, and young daughter never made it out.

Living with the guilt of that tragic night drove Al deeper into his addiction until finally he ended up homeless. One day, his younger sister invited him to her home. Urging Al to go to Teen Challenge, she helped him complete the application. “Teen Challenge changed my life,” says Al. “I can face life head on. I don’t have to bury it behind alcohol and drugs anymore.”

After graduating from Teen Challenge, Al got his old job back with a trucking company—he still works full-time at 68 years old. God has also restored his relationships with his family members. He is a grateful Dad, and Grandpa to his three grandsons.

“Life has not been perfect, but life is good,” says Al. “While at Teen Challenge, I came to know Jesus Christ and learned to trust Him in all things.” Al is involved in his church and he leads a local Celebrate Recovery group. Over the last 10 years, Al has had several troubled men live with him. “God uses me to point them in the right direction.” He adds, “My motivation is the love of Christ. I MUST give back what has freely been given to me.”



WATCH AL'S STORY ...
www.changedlives.ca/als-story

“I CAN FACE LIFE HEAD ON! I DON'T HAVE TO BURY IT BEHIND ALCOHOL AND DRUGS ANYMORE.”

— AL NELSON, TEEN CHALLENGE GRADUATE 2007

2019

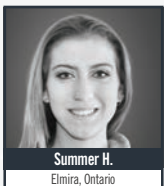
TEEN CHALLENGE CANADA GRADUATES



Mark B.
Vancouver, British Columbia



Joseph G.
Saskatoon, Saskatchewan



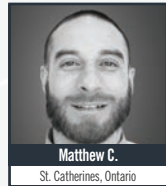
Summer H.
Elmira, Ontario



Jeffery A.
Port Colborne, Ontario



Andrew W.
Saint John, New Brunswick



Matthew C.
St. Catharines, Ontario



Caleb B.
Medicine Hat, Alberta



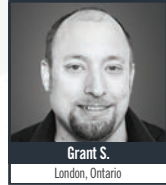
Bradley V.
Hamilton, Ontario



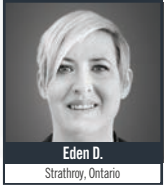
Daniel D.
Saskatoon, Saskatchewan



Gurbinderjit B.
India



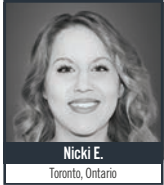
Grant S.
London, Ontario



Eden D.
Strathroy, Ontario



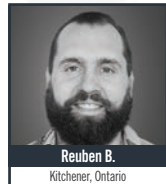
Timothy A.
Vancouver, British Columbia



Nicki E.
Toronto, Ontario



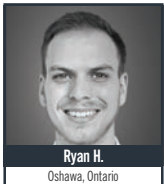
Andrew G.
London, Ontario



Reuben B.
Kitchener, Ontario



Stanley Mike D.
Burlington, Ontario



Ryan H.
Oshawa, Ontario



Roberto D.
Kitchener, Ontario



Scott G.
Kitchener, Ontario



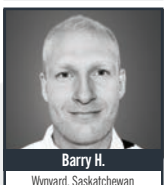
Wayne B.
Neepawa, Manitoba



Shane E.
Happy Valley-Goose Bay, NL



Mitchell G.
Calgary, Alberta



Barry H.
Wynyard, Saskatchewan



Ron M.
Stephenville, Newfoundland



Wraylene D.
Toronto, Ontario



Tasheena W.
Moose Factory, Ontario



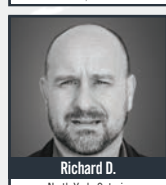
Dayna C.
Thailand



Timothy S.
Winnipeg, Manitoba



Doug G.
South Hampton, Ontario



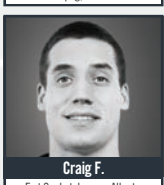
Richard D.
North York, Ontario



Mitchell P.
Grimsby, Ontario



Kaeden H.
Calgary, Alberta



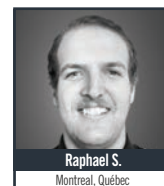
Craig F.
Fort Saskatchewan, Alberta



Andrew J.
White Rock, British Columbia



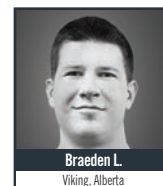
James W.
Ottawa, Ontario



Raphael S.
Montreal, Québec



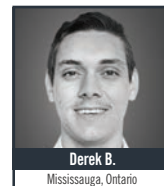
Matthew B.
Summerside, PEI



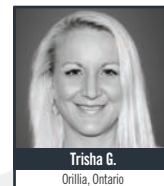
Braeden L.
Viking, Alberta



Harlin S.
Regina, Saskatchewan



Derek B.
Mississauga, Ontario



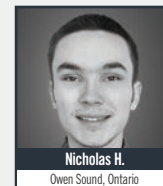
Trisha G.
Orillia, Ontario



Diallo M.
Jamaica



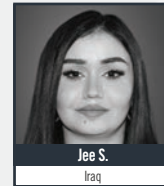
John S.
Melfort, Saskatchewan



Nicholas H.
Owen Sound, Ontario



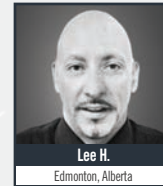
Johnie N.
Noquay, Saskatchewan



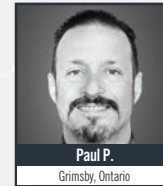
Jee S.
Iraq



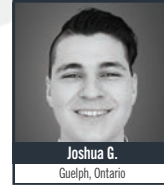
Kelly P.
Weston, Ontario



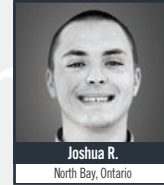
Lee H.
Edmonton, Alberta



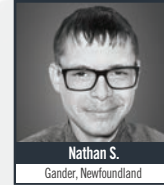
Paul P.
Grimsby, Ontario



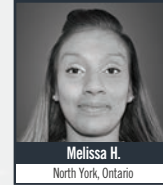
Joshua G.
Guelph, Ontario



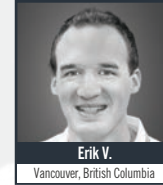
Joshua R.
North Bay, Ontario



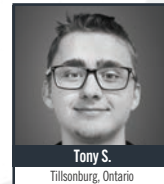
Nathan S.
Gander, Newfoundland



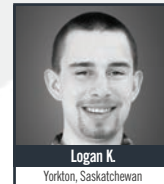
Melissa H.
North York, Ontario



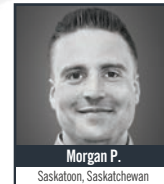
Erik V.
Vancouver, British Columbia



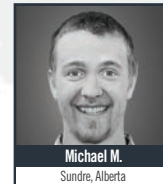
Tony S.
Tillsonburg, Ontario



Logan K.
Yorkton, Saskatchewan



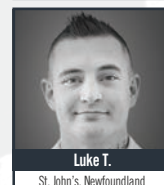
Morgan P.
Saskatoon, Saskatchewan



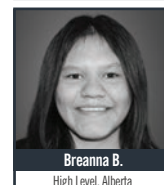
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Sundre, Alberta



Andrew S.
Brampton, Ontario



Luke T.
St. John's, Newfoundland



Breanna B.
High Level, Alberta



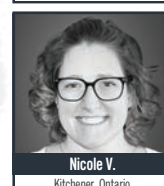
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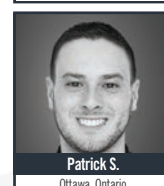
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Guatemala



Edwin G.
Saskatoon, Saskatchewan



Nicole V.
Kitchener, Ontario



Patrick S.
Ottawa, Ontario



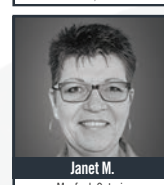
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Sumas Mountain, British Columbia



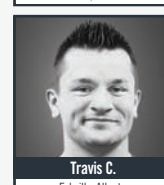
Jenna S.
Calgary, Alberta



Nicole J.
Swift Current, Saskatchewan



Janet M.
Meaford, Ontario



Travis C.
Eckville, Alberta

(Graduate's place of birth indicated.)

THE TEEN CHALLENGE DIFFERENCE

OUR PERSONNEL ARE CHRISTIAN

Our compassionate staff are committed to Christ and to demonstrating God's love. They remain sensitive, yet firm, in this difficult calling to work with people in crisis.

OUR STAFF ARE SKILLED

Trusting God for the ultimate outcome, our staff harness the best insights, practices and methods for therapy, counselling, skills training, and personal development.

OUR APPROACH IS INTENSIVE

Students live communally 24 hours a day and participate in extensive learning and therapeutic activities for an entire year.

OUR PROGRAM IS VOLUNTARY

We do everything we can to help students complete the program, but give them the freedom to leave.

OUR PROGRAM IS HOLISTIC

We use a variety of program elements to help students grow healthy spiritually, socially, mentally, and physically.

RECOVERY IS A PROCESS OF SPIRITUAL AND PERSONAL GROWTH

Breaking patterns of addiction is messy, time consuming, and hard. To get free, students need to unpack and allow God's light to shine on their darkest moments and deepest needs. They must also learn to trust others and form healthy relationships.

FAITH TRANSFORMS

Students don't need to be Christian to enroll in Teen Challenge. However, there is a radical impact when men and women acknowledge God's place in their lives and accept His offer of a clean slate. As hope, grace, and forgiveness take root, they are launched on a lifelong journey of transformation.

"TEEN CHALLENGE IS NOT THE ONLY ADDICTION TREATMENT OPTION, BUT FOR THOSE WHO ARE OPEN TO A FAITH-BASED PROGRAM AND READY FOR THE HARD WORK OF DEEP TRANSFORMATION, WE OFFER 12-MONTHS OF INTENSIVE SUPPORT!"

— DON TREPANIER - CHIEF PROGRAM OFFICER, TEEN CHALLENGE CANADA

2019 PROGRAM STATS



APPLICATIONS

956 New applications in 2019



ASSESSMENTS

475 Total interviews in 2019



ADMISSIONS

257 Admissions across eight Centres in 2019



GRADUATIONS

72 Graduations

TEEN CHALLENGE STUDENTS IN PROGRAM

- ✓ 109 Students in program on average per week in 2019
- ✓ 65,160 person-hours of classroom instruction on character and other life-changing topics
- ✓ 108,600 person-hours of work therapy
- ✓ 3,342 total hours of addiction counselling provided

MENTAL HEALTH AMONG OUR 2019 STUDENTS

- ✓ 70% of students had a clinically diagnosed mental health disorder such as anxiety, depression, schizophrenia, ADD/ADHD, bi-polar, PTSD, borderline personality, paranoid delusion, schizoaffective, and/or eating disorders (bulimia, anorexia nervosa).
- ✓ 57% of those diagnosed had more than one mental health issue

ABOUT CHILDREN OF TEEN CHALLENGE STUDENTS

- ✓ In 2019, 49% of our students had children
- ✓ This works out to an average of 2.3 children per student
- ✓ 68 children saw mom/dad graduate from Teen Challenge

"Although mental health adds a complex dynamic to addiction recovery, Teen Challenge Canada is dedicated to helping our students lead full and productive lives. By introducing coping methods and skills through recovery classes, individual sessions and community living, we aim to not only help our students who come to us with mental health concerns discover and practice skills to achieve addiction recovery, but learn to manage their mental health diagnoses as well."

— Mark Webb - Director of Program, Teen Challenge Canada

SUPPORTER PROFILE

KEVIN & ALICE MILLER

Retired Saskatchewan grain farmer, Kevin Miller, first heard about Teen Challenge when he attended a prayer breakfast about 15 years ago.

It was the testimony of a man who had been through addiction and recovered, that touched his heart. Kevin says, “I have been a supporter since that day.” Kevin and his wife Alice belong to Cornerstone Church in Saskatoon. The congregation hosts Teen Challenge outreach teams and supports the ministry as well.

In recent years, Kevin has attended both of the Teen Challenge Saskatchewan Men’s Centre Annual Golf Classics. But with the recent opening of the Prairie Hope Women’s Centre, in Hague, SK, Kevin has been privileged to be able to support their tournament as well. Each year, he attempts to raise enough money to cover the food and golf costs so that money raised by other golfers goes straight to the ministry. “I appreciate the golfing and the steak supper, but most of all I like the testimonies of the men and women.” Kevin adds, “The best part is hearing how God has released these individuals from the grips of addiction and transformed them into men and women of faith...many times, I have been moved to tears.”

Kevin and his wife Alice recently toured the Prairie Hope Women’s Centre while it was under construction and they were present at the Grand Opening. “It’s a very nice facility and it’s encouraging that it is open and helping women from across the Prairie Provinces receive the treatment they need.” says Kevin. The Millers continue to support Teen Challenge Canada because they know the faith-based program is successful. “The Lord has blessed me materially and I want to share that. God has put it in my heart to support Teen Challenge to help see as many men and women from across Saskatchewan as possible, find freedom from addiction.”

“THE BEST PART [OF A TEEN CHALLENGE EVENT] IS HEARING HOW GOD HAS RELEASED MEN AND WOMEN FROM THE GRIP OF ADDICTION AND TRANSFORMED THEM INTO PEOPLE OF FAITH.”

- KEVIN MILLER - TEEN CHALLENGE EVENT SUPPORTER

PRAIRIE HOPE WOMEN’S CENTRE GRAND OPENING

During the Prairie Hope Women’s Centre’s Grand Opening on September 14th, 2019, about 600 people toured the new facility. Long-time supporters and generous financial donors to the project, Henry and Peggy Hamm cut the ribbon.

“In May 2016, our Board met on an empty piece of property to dedicate it to the Lord. Less than 3.5 years later we have a completed facility,” says Teen Challenge Canada CEO, Glen Smeltzer. “I’m in awe of what God has done to help more women experience freedom from addiction!”

In 2011, responding to a God-given desire to see a women’s addiction treatment facility built in Saskatchewan, Henry asked the Teen Challenge Canada National Board if he could look for a property. At Henry’s request, the owner of an ideal location near Hague, SK, donated 10 acres for the Women’s Centre. “When we searched for a site, we were also looking for an open-hearted community,” says Henry. During town hall meetings in Hague, local residents were overwhelmingly positive. “People spoke about how this ministry would change lives,” recalls Henry.

As co-chair of the Women’s Centre Capital Campaign team, Henry encouraged business owners and other community leaders to support the centre. “I have been overwhelmed by people’s generosity.” Henry also acted as general contractor for the beautiful, purpose-built facility. “God was always steps ahead [on this project]; it was completed on His timeline and needs were always met.”

Henry appreciates the tremendous prayer and financial support received from people across Saskatchewan and other provinces. “Thank you for your faithfulness and commitment!”

HENRY & PEGGY HAMM
TCC SUPPORTERS



CHURCH SUPPORTER SPOTLIGHT

BECOMING RISK-TAKERS TO SEE LIVES TRANSFORMED

Glad Tidings Pentecostal Church embraces broken people in their town of 10,000, in Labrador along the Québec border. They feel called to reach people, to make a difference in their community and to be a place of hope to the world. “We meet people where they are,” says Lead Pastor, David Milley.

Two ways Glad Tidings Pentecostal Church has been able to reach out, is through promoting Teen Challenge and providing financial support for individuals to attend the program. To date, the church has sponsored three individuals to go to a Teen Challenge Canada Centre and is moving to help a fourth person. “God’s heart is broken for those struggling with addictions and the Church needs to step in to see that lives are changed at all costs,” says Pastor David. He adds, “Some need people to walk beside them and bridge the gap to God in their lives.”

The Glad Tidings congregation has seen broken people transformed through Teen Challenge. “They have become testimonials of God’s grace,” says Pastor David. “We have witnessed what happens when we become risk-takers to meet the needs of the broken and invest time and financial support to see God transform lives.” The church knows that the journey doesn’t stop when they send people to Teen Challenge. The congregation supports them when they graduate and helps integrate them back into a loving, welcoming community. “They all need God’s grace and love.”

Churches, like Glad Tidings, from across Canada partner with Teen Challenge through ongoing prayer, financial support and recommendations to those who need addiction help. This support enables Teen Challenge Canada to provide addiction treatment to those who enter any one of our eight Centres across Canada, seeking freedom from life-controlling addictions.



GLAD TIDINGS STAFF
LABRADOR CITY, NL



“PARTNERING CHURCHES PROVIDE TEEN CHALLENGE WITH PRAYER, FINANCIAL SUPPORT AND OPPORTUNITIES, FOR OUR STUDENTS AND GRADUATES, TO BUILD HEALTHY AND SUPPORTIVE RELATIONSHIPS WITHIN THEIR COMMUNITIES.”

— TRACEY WHALEN, TEEN CHALLENGE DEVELOPMENT OFFICER

TEEN CHALLENGE CANADA
ALBERTA MEN'S CENTRE

— A MESSAGE FROM CENTRE DIRECTOR, GREG CORNELSEN —

Alberta Men's Centre graduate Dale W. encouraged other men while in the program. Today Dale pays his own transformation forward by sponsoring current students and providing transportation to the Centre.



PRIDDIS, ALBERTA

When men in addiction like Dale, are ready for change, Teen Challenge Canada wants to be there to come alongside them. I'm grateful to belong to an organization that is passionately committed to helping more men overcome addictions. To this end, our expansion project at the Alberta Men's Centre continues. With the shell of the building done, we are very close. As remaining funds are raised, we will finish construction on the interior.

When our expansion is complete, there will be 24 core student beds and space for six graduates continuing their recovery in Phase4 and Phase5 programs. That means, with the 24 student beds and five graduate beds at the Saskatchewan Men's Centre, and our expanded 30 beds, (core and graduate), we will be equipped to help 59 men in addiction in the Prairie Region!



GREG CORNELSEN
CENTRE DIRECTOR

**"YOU ARE STRONG...BECAUSE YOU ADMITTED THAT YOU NEED THE LORD
AND YOU NEED COMMUNITY!"** — DALE W., GRADUATE

Another benefit of belonging to a family of eight Teen Challenge Centres across Canada is having access to more professional expertise. Not only do we learn from staff at other centres, we are resourced by a National Program staff who understand the wider field of addiction rehabilitation. There is power in teamwork and belonging to a larger organization.

Thank you for being an important part of the team to help more men in addiction experience true freedom!

**"OUR PROGRAM HELPS
INDIVIDUALS UNDERSTAND
THE SPECIFIC TRAUMA AND
TRIGGERS THAT MOTIVATED THEM
TO DULL THEIR PAIN WITH SUBSTANCES.**

**WE EQUIP AND SUPPORT MEN AND WOMEN
TO BE SUCCESSFUL ON THEIR UNIQUE
RECOVERY JOURNEYS."**

**— DON TREPANIER
CHIEF PROGRAM OFFICER
TEEN CHALLENGE CANADA**

TEEN CHALLENGE CANADA SASKATCHEWAN MEN'S CENTRE

— A MESSAGE FROM CENTRE DIRECTOR, BRENT COOPER —

In 2019, graduate Ken P. celebrated 10 years of sobriety. Thanks in part to the life-changing addiction treatment Ken received at the Saskatchewan Men's Centre, he was reconciled with his wife and daughter.



ALLAN, SASKATCHEWAN

Together, Ken and his wife went on to have 3 more children. Teen Challenge Canada's legacy is truly changed lives and transformed families.

To help men in the final months of their program better prepare to live addiction-free after graduation, in 2019, we began offering Transition Retreats with the theme of "Day 366." At these retreats, successful graduates attend and encourage current students by talking about what furthered their recovery during the first months back in the community. Most emphasized the importance of continuing to read the Bible, praying, joining a church and being careful about friendships. I noticed a difference in men who attended this past November's retreat—they're taking responsibility for their transition to the community by proactively finding housing and jobs in order to set themselves up for a successful fresh start.

"WHAT HELPED ME MOST AT TEEN CHALLENGE WAS THE FOCUS ON JESUS CHRIST AS THE HEALER." — KEN P., GRADUATE

With the opening of the Prairie Hope Women's Centre this year, I'm overjoyed that women in addiction can also receive faith-based treatment, and we are encouraged that we will see more fresh starts for both men and women who are now able to find help from addiction in Saskatchewan.

We exist because of God's faithful provision through our generous donors. You share in our legacy of changed lives. Together we are helping men and women in addiction find hope and a fresh start.



BRENT COOPER
CENTRE DIRECTOR

TEEN CHALLENGE CANADA PRAIRIE HOPE WOMEN'S CENTRE

— A MESSAGE FROM CENTRE DIRECTOR, ROBYN ARCAND —

The Prairie Hope Women's Centre is open and helping women in addiction in the Prairie Region! Our first students are learning to rebuild their lives as they recover from addictions.



HAGUE, SASKATCHEWAN

As they receive love from staff, other students and community members—their hearts soften. It's especially amazing the way local residents have included, encouraged, and empowered the women. It makes them feel like a valued part of the community.

For some women in our program, this centre is the first safe place they have known. They soak in the peace as they gather in the kitchen while meals are prepared. They play instruments and listen to music together in the chapel or curl up in the library to watch a movie with fellow students. Feeling safe and at home gives the women freedom to reveal their pain, confront the root causes of their addictions and courage to heal.

"FOR SOME WOMEN, THIS CENTRE IS THE FIRST SAFE PLACE THEY HAVE KNOWN."

Our students are also blessed to be part of the wider Teen Challenge Canada community. When we attend Saskatchewan Men's Centre graduations, the women are inspired to hear graduates' stories. The men's testimonies give them hope on difficult days.

I'm grateful to belong to an organization that worked long and hard to open the Prairie Hope Women's Centre. The investment of time, prayer and finances will yield healing in the lives of women in addiction and their families for years to come!

Thank you for helping women escape tragic lives of addiction, giving them health, hope and purpose.



ROBYN ARCAND
CENTRE DIRECTOR

TEEN CHALLENGE CANADA ONTARIO NORTH MEN'S CENTRE

— A MESSAGE FROM CENTRE DIRECTOR, BRYON HALL —

Nathan D., one of our long-time graduates, was convinced to try the program when he heard another man's story of transformation. Men in our program spread hope as they share their stories at Northern Ontario churches.



SAULT STE. MARIE, ONTARIO

Our students are living proof that a transformed life is possible through a faith-based program.

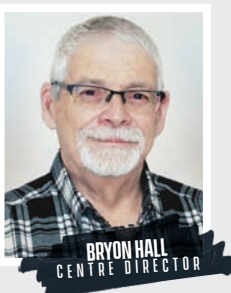
While in the program, Nathan appreciated recovering with men who had similar life experiences. **"There is a unique brotherhood [at Teen Challenge],"** says Nathan.

At an organizational level, we also work together like a family. If a man needs to transfer to another centre due to conflict with a fellow student, it's comforting to know he will receive the same caring, professional support to overcome his addiction. Having five connected Men's Centres also gives Teen Challenge graduates more Phase4 and Phase5 opportunities.

"THERE'S A UNIQUE BROTHERHOOD AT TEEN CHALLENGE." — **NATHAN D., GRADUATE**

In Phase4, graduates receive personal mentoring while fulfilling staff duties at a centre. One of our graduates—Logan—helps with spiritual formation in a Phase4 position at the Saskatchewan Men's Centre. Following Phase4, graduates can be hired for paid staff positions in Phase5. This year Tobias O. was hired as our Student Life Coordinator as a Phase5. Tobias lives off site, but he has some accountability requirements to help him continue his healing. Men in the program appreciate that Tobias has been where they are.

Thank you to everyone who contributed time and resources in 2019.



BRYON HALL
CENTRE DIRECTOR

TEEN CHALLENGE CANADA ONTARIO MEN'S CENTRE

— A MESSAGE FROM CENTRE DIRECTOR, MARK POPE —

What keeps me motivated on hard days is reminding myself of the scores of men that are living full, productive lives because of what God has done through the ministry of Teen Challenge.



LONDON, ONTARIO

Every life changed is worth the disappointments and challenges.

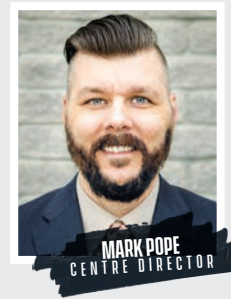
I think of one of our grads, Jason, who said, **"The Teen Challenge program was the most incredible thing that I ever did—it was the hardest, but most rewarding."** Jason's marriage and relationship with his young daughter have been revitalized. Jason gives back through his job as a support worker for people with mental health issues and volunteering with a local Celebrate Recovery group.

Recovery is challenging as men experience the physical and emotional pain of withdrawal from substances. To help aid in the healing process, we strive to provide space that is efficient, functional and conducive to healing.

As the oldest and largest of the Teen Challenge Canada Centres—with room for 60 men in recovery—the Ontario Men's Centre needs updating. In 2019, we made steady progress on our new Food Services Complex. Staff and students eagerly anticipate our first meal together in this bright, cheerful space. Men who prepare and serve meals, as part of their work therapy, look forward to a more functional kitchen with better equipment. Renovating our facility lets men in our care know that they are worth investing in.

"THE TEEN CHALLENGE PROGRAM WAS THE MOST INCREDIBLE THING THAT I EVER DID..." — **JASON R., GRADUATE**

Thank you for helping to create space for men in addiction to find healing and hope.



MARK POPE
CENTRE DIRECTOR

TEEN CHALLENGE CANADA ONTARIO WOMEN'S CENTRE

— A MESSAGE FROM CENTRE DIRECTOR, MICHELLE GRUNDY —

Every month, I see women in addiction arriving who come from chaotic and disconnected lives. However, at the Ontario Women's Centre, we create a safe place for women to connect with God, themselves, and each other.



AURORA, ONTARIO

Supportive relationships are a key ingredient of our successful program. I know that many of our students have spent past meals hungry and alone. We are privileged to be able to provide not only nutritious meals but also a comfortable and safe environment for the women in our care, to create and enjoy friendships together.

Women feel valued in beautiful, comfortable surroundings like our renovated "barn" that serves as our chapel and program area, as they connect with each other and God through teaching, worship, and Bible study.



MICHELLE GRUNDY
CENTRE DIRECTOR

As students progress toward graduation, many want more time in a Teen Challenge supportive environment. To achieve this, graduates can apply to work at one of our Centres in our Phase4 program while continuing to receive addictions counselling and mentoring. In 2019, we had five women in our Phase4 program. When graduates leave our Centre, they will need continued support to remain addiction-free. We encourage our graduates to connect with a church of their choice and to get involved in their local community. According to graduate Amy W., "What helps me most [to avoid substance abuse] is plugging into the community, getting involved in the church, and having accountability."

"WHAT HELPS ME MOST [TO AVOID SUBSTANCE ABUSE] IS PLUGGING INTO THE COMMUNITY..." — AMY W., GRADUATE

I can't thank you enough for your gifts and prayers; they are making a difference!

TEEN CHALLENGE CANADA OTTAWA VALLEY MEN'S CENTRE

— A MESSAGE FROM CEO, GLEN SMELTZER —

The official opening of the Ottawa Valley Men's Centre is more than a dream, but not quite a reality. Renovations to the residence are well underway as the dormitories and kitchen were completed in 2019.



RENFREW, ONTARIO

To see the Ottawa Valley Men's Centre open, we finished the required grading of a hill to improve access for deliveries and emergency vehicles. Construction continues on an extension to the main program building which will provide space for addictions counselling and program offices.

In the summer of 2019, the first two Ottawa Valley Men's Centre fundraisers were held. Thirty-three golfers participated in our Golf Classic and during our Freedom Ride, 68 people rode motorcycles to raise funds and awareness to open this new Centre. A thank you to Development Officer, Stephen Prendergast, for continuing to share about the life-changing ministry of Teen Challenge at churches, schools, businesses, and other community groups in the National Capital Region.

"WE LOOK FORWARD TO GIVING MEN IN ADDICTION, IN THE NATIONAL CAPITAL REGION, AN OPPORTUNITY TO BE TRANSFORMED AS THEY RESPOND TO GOD'S LOVE AND WORK TO OVERCOME THEIR ADDICTIONS." — GLEN SMELTZER, CEO

We are extremely grateful for the generous donations from local churches, businesses and individuals throughout 2019. To date, we have received half the money needed to open the first 6 of 16 beds at the Teen Challenge Ottawa Valley Men's Centre.

We're already thinking about the first students who will come to the Centre. Though these men may be overwhelmed with despair now, if we can open these doors, they will soon find hope and freedom from drugs and alcohol, as they respond to God's love and work to overcome their addictions.

TEEN CHALLENGE CANADA
ATLANTIC MEN'S CENTRE

— A MESSAGE FROM CENTRE DIRECTOR, MATTHEW BARBOUR —

After years of planning, fundraising and construction, this year we opened 10 additional beds at the Atlantic Men's Centre. These new beds will make a big difference for 10 more men and their families each year.



MEMRAMCOOK, NEW BRUNSWICK

We are excited to welcome the Atlantic Hope Women's Centre to the Teen Challenge Canada family. Now we can offer addiction recovery for women from Atlantic Canada, in Atlantic Canada. With more Teen Challenge centres and beds, there is potential for more people to be set free from addiction.

Daily, we witness transformation in our students—whether it's in chapel, class, counselling, or as they work through the root causes of their addiction. When students set their focus on Christ, it changes everything.

On hard days, it's a blessing to have an unbelievable staff team that pushes and encourages me. We work shoulder to shoulder with a supportive, cross-Canada team to equip men and women for new life without drug abuse. The wider Teen Challenge Canada recovery community encourages men in our program to press on. They're inspired by graduates from other centres who have overcome the destructive power of addiction. It's positive peer pressure.

"WITH MORE TEEN CHALLENGE CENTRES AND BEDS, THERE IS POTENTIAL FOR FOR EVEN MORE LIVES TO BE CHANGED."

God has seen us through the Teen Challenge Atlantic Men's Centre recent expansion and we trust He will give us the strength and funds needed as we help more men.

Thank you to everyone who has given so generously of their time and resources this past year!

MATTHEW BARBOUR
CENTRE DIRECTORTEEN CHALLENGE CANADA
ATLANTIC HOPE WOMEN'S CENTRE

— A MESSAGE FROM PROGRAM SUPERVISOR, ELIZABETH LEAR —

With the Atlantic Hope Women's Centre now open, we are helping women desperate for addiction treatment in Newfoundland and Labrador! Daily, we watch our students grow emotionally, spiritually, and physically.



ST. JOHN'S, NEWFOUNDLAND

As our students experience healing, they are also restoring broken relationships with family members. One of our students recently said, "I have never before had an inner peace as I do now."

Of course, it's hard to be away from family, but the women enjoy living in community with staff and other students. They also love the natural surroundings of this quiet place of healing that is just minutes from St. John's.

Almost everywhere I go in Newfoundland and Labrador, I talk with people who are touched by addiction. With substance abuse becoming more rampant in our communities, Teen Challenge is a beacon of hope. Our 12-month, faith-based, in-residence program offers lifelong freedom to those that are suffering with the devastating effects of addiction.

"I HAVE NEVER BEFORE HAD AN INNER PEACE AS I DO NOW." — CURRENT STUDENT

Now with our centre open, we continue to focus on creating awareness and advocating for women in the Atlantic Provinces who are seeking help with their life-controlling addictions.

I am grateful to be part of a nation-wide organization that has worked and prayed for many years, to see this centre in Atlantic Canada become a reality. We couldn't have done it without the invaluable support of our dedicated donors and Ambassador Team members. Their support makes new life possible for women in addiction in Newfoundland and Labrador!

ELIZABETH LEAR
PROGRAM SUPERVISOR

SPONSOR SPOTLIGHT

TELLING THEIR PAINFUL STORY TO HELP OTHERS

"Jay [our son] wouldn't go into the [Teen Challenge Canada] program, but we can help those who are willing to go."

"We never want people to forget Jay, so we support causes in his memory," says Bev Duckworth, who lost her only son Jay, to a drug overdose in 2007. **"Jay was loved by so many, but he got caught up in drug addiction."** She and her husband Bill have been Teen Challenge sponsors for over 10 years. **"Being involved with Teen Challenge has been an important part of our healing."**

The Duckworths discovered Teen Challenge when an outreach team came to their church. **"We heard that addiction affects people from every walk of life and that faith in Jesus can help to overcome addiction,"** says Bev.

Bev and Bill sponsor two men a year. They like to send their students encouragements and attend graduations. They tell each student they sponsor about Jay, wanting men to know that not everybody makes it and the devastating effect it has on a family. Bev adds, **"Jay wouldn't go into the program, but we can help those who are willing to go."**

Sponsors like the Duckworths have a profound and lasting impact on men and women in addiction and their families. Their ongoing support allows Teen Challenge to continue to help the men and women who come through our doors seeking help from their life-controlling addictions. **"The work of Teen Challenge is so important because it is faith-based, and it helps heal past issues that have led to addiction,"** says Bev.

Thank you to all of our Teen Challenge Canada Sponsors. Your support is changing and saving lives every day!



TEEN CHALLENGE SPONSORSHIP MATTERS

Sponsorship is a vital source of funds that keeps the program accessible for all in addiction. Students are asked to pay a nominal fee when they enter the program – a nominal fee that does not come close to covering the cost of their 12-month, in-residence addiction treatment program.

Though the funds are important, the heart of the Sponsorship Program is the emotional and spiritual support that Sponsors provide to students. Addiction recovery is incredibly difficult work. Men and women must face deep wounds, begin to repair relationships and realign their lives. Prayers and encouragements from Sponsors can carry a student from defeat to victory. Thank you to all of our Sponsors as they uplift and support this vital ministry.

For more information about becoming a Sponsor, visit www.teenchallenge.ca

TEEN CHALLENGE GRADUATE QUOTES



Joel G.
Teen Challenge Graduate

"Teen Challenge isn't a year-long sacrifice, it is an investment. It saved my life and I'm so thankful for it!"



Kyle B.
Teen Challenge Graduate

"[Because of Teen Challenge] I have hope for the future. You are never too far gone for God to do something in your life."



Julie B.
Teen Challenge Graduate

"I am thankful that God used Teen Challenge to save me—emotionally, physically and spiritually."



Matthew H.
Teen Challenge Graduate

"Teen Challenge is a safe place that helps you work on whatever issues keep you going back to your addiction."



Rita C.
Teen Challenge Graduate

"The idea of a whole year away at Teen Challenge was terrifying. But I knew how badly I needed that year to work on myself."



Tracey W.
Teen Challenge Graduate

"In my addiction, I didn't ever consider how my choices affected other people. Now, it's no longer all about me. Because of Teen Challenge, I have freedom and victory over drug addiction."

TEEN CHALLENGE CANADA

PROTECTING SOBRIETY: IMPROVING AFTERCARE

Teen Challenge graduates have worked incredibly hard to break free from their addictions during our year-long program. Our desire is to have all of our graduates be as successful as possible in their new lives. To better prepare graduates for addiction-free living, we have improved our planning support in the last four months of the program.

Students in their final months of our core 12-month program, begin to determine where they will live, work or attend school, plus learn how to reconnect with loved ones and other support systems. Over the last few years, we also implemented our Phase4 and Phase5 programs. Phase4 provides opportunities for some of our grads to have increased independence and perform some staff duties at a Centre, while they continue to receive mentoring and addictions counselling. "Through the Phase4 program, I improved my leadership skills and strengthened my walk with Christ," said one recent graduate. During Phase5, graduates live off-site and fulfill a staff role at one of the Centres. They meet with a mentor, participate in a church of their choice and attend a weekly Bible study or Celebrate Recovery group.

"Providing Aftercare reduces the danger of returning to substance use during the difficult adjustment period following treatment," says Teen Challenge Canada, Director of Program, Mark Webb.

"PROVIDING AFTERCARE IS CRITICAL TO REDUCING THE DANGERS OF RETURNING TO SUBSTANCE USE DURING THE DIFFICULT ADJUSTMENT PERIOD FOLLOWING TREATMENT." — MARK WEBB, DIRECTOR OF PROGRAM

In 2019, to help those graduates not in our Phase4 & Phase5 programs, we hired an Aftercare Coordinator. "We provide ongoing contact and connect graduates with a range of supports," says Mark. If a graduate is struggling, the Coordinator refers him or her to a Teen Challenge Addictions Counsellor. Churches and families are also an important source of support. Together with loved ones, supportive communities and other graduates, we're committed to helping graduates stay free from addictions!



"I LOST EVERYTHING BEFORE ENTERING TEEN CHALLENGE—GOD HAS RESTORED IT ALL AND THEN SOME."
— TINA BOSCHMAN, TEEN CHALLENGE GRADUATE 2013

WATCH TINA'S STORY ...
www.changedlives.ca/tinas-story

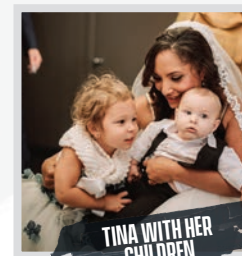


TEEN CHALLENGE GRAD STORY

TRULY BLESSED

Tina was raised in a single-parent home. At school, kids made fun of her for being a different colour. "I felt like I didn't fit in, so I escaped by daydreaming," says Tina.

As an adult, when Tina became a nurse practitioner, her daydream world was filled with images of the brutalized and abused people that she worked with. **"I was not prepared for all the trauma I saw,"** says Tina. She tried Percocet to deal with her hopelessness, which led to forging prescriptions and a life-controlling addiction.



TINA WITH HER CHILDREN

Almost seven years after graduating from Teen Challenge, Tina is recently married, has had her nursing license reinstated and is a Chronic Care Nurse Practitioner at a Community Health Centre. She and her husband have two beautiful children. **"I used to be untrusting and self-focused—unable to be in a healthy relationship. Now, I am present with my children and I can be the wife God has called me to be."** Tina felt like she had lost everything before entering Teen Challenge. **"God has restored it all and then some. He has given me more than I could ever think or imagine!"**

With God's help and the tools she received at Teen Challenge, Tina was able to **rebuild her life.** She prays for the hurting people she works with, but she is no longer overwhelmed by their need.

Her faith in Christ, and close relationships with women she met at Teen Challenge, help keep Tina focused. She also belongs to a church and a small group that keeps her healthy. **"I love the life God has given me; I'm truly blessed!"**

FREEDOM FROM ADDICTION...
FAMILIES RESTORED...
HOPE FOUND...
LIVES CHANGED!

TEEN CHALLENGE CANADA GRADUATE STORIES

"TEEN CHALLENGE HAS
TURNED MY LIFE AROUND
IN WAYS THAT I COULD NEVER IMAGINE."

Teen Challenge Canada's lasting legacy is
changed lives, seeing people freed from addiction
and restored to their families and communities!

"BECAUSE OF TEEN CHALLENGE
I HAVE FREEDOM AND VICTORY
OVER DRUG ADDICTION."

VISIT CHANGEDLIVES.CA

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TEEN CHALLENGE CANADA CENTRE INFORMATION

WESTERN CANADA

Teen Challenge Alberta Men's Centre – PO Box 24010 RPO Evergreen, Calgary, AB T2Y 0J9
PHONE: 403.931.3501 TOLL FREE: 1.800.856.8902 DIRECTOR: Greg Cornelsen

Teen Challenge Saskatchewan Men's Centre – PO Box 21111, Saskatoon, SK S7H 5N9
PHONE: 306.257.3325 TOLL FREE: 1.877.396.9152 DIRECTOR: Brent Cooper

Teen Challenge Prairie Hope Women's Centre – PO Box 21111, Saskatoon, SK S7H 5N9
PHONE: 306.225.2213 TOLL FREE: 1.866.663.7060 DIRECTOR: Robyn Arcand

ONTARIO

Teen Challenge Ontario Men's Centre – Lambeth Box 777, London, ON N6P 1R6
PHONE: 519.652.0777 TOLL FREE: 1.888.417.7777 DIRECTOR: Mark Pope

Teen Challenge Ontario Women's Centre – PO Box 100, Stn Main, Aurora, ON L4G 3H1
PHONE: 905.727.3913 TOLL FREE: 1.877.979.7770 DIRECTOR: Michelle Grundy

Teen Challenge Ontario North Men's Centre – PO Box 20012 RPO East End, Sault Ste. Marie, ON P6A 6W3
PHONE: 705.942.7771 TOLL FREE: 1.800.480.3153 DIRECTOR: Bryon Hall

Teen Challenge Ottawa Valley Men's Centre IN DEVELOPMENT
PO Box 61 Stn Main, Renfrew, ON K7V 4A2 TOLL FREE: 1.877.568.8282 CONTACT: Stephen Prendergast

EASTERN CANADA

Teen Challenge Atlantic Men's Centre – PO Box 911, Moncton, NB E1C 8N8
PHONE: 506.758.2377 TOLL FREE: 1.800.965.7170 DIRECTOR: Matthew Barbour

Teen Challenge Atlantic Hope Women's Centre – PO Box 8713 Stn 'A', St John's, NL A1B 3T1
PHONE: 709.781.7118 TOLL FREE: 1.866.968.9450 CONTACT: Elizabeth Lear

CHARITABLE REGISTRATION NUMBER: 108066663RR0001

OTHER TEEN CHALLENGE CENTRES ACROSS CANADA

ADULT & TEEN CHALLENGE SOCIETY OF BC



Abbotsford Women's Centre
15 Winsor Road
Abbotsford, BC V2S 8E8
DIRECTOR: Wendy Townsend
wtownsend@teenchallengebc.com



Chilliwack Men's Centre
4166 Eckert Street
Chilliwack, BC V2R 5J6
DIRECTOR: Janalyn Oige
joige@teenchallengebc.com



Okanagan Men's Centre
4550 Glenmore Road North
Lake Country, BC V4V 1L7
DIRECTOR: Janalyn Oige
joige@teenchallengebc.com

IF YOU OR SOMEONE YOU KNOW
NEEDS HELP, PLEASE CALL ...

Abbotsford Women's Centre
604.575.3930 ext. 303

Chilliwack Men's Centre
604.575.3930 ext. 204

Okanagan Men's Centre
604.575.3930 ext. 404

ADULT & TEEN CHALLENGE CENTRAL CANADA



Brandon Women's Centre
Site 325, Box 24, RR 3
Brandon, MB R7A 5Y3
DIRECTOR: Kim Lowes
brandon@teenchallenge.tc



Winnipeg Men's Centre
414 Edmonton Street
Winnipeg, MB R3B 2M2
DIRECTOR: Daniel Emond
winnipeg@teenchallenge.tc



Thunder Bay Men's Centre
PO Box 10443
Thunder Bay, ON P7B 6T8
DIRECTOR: Robby Ahuja
thunderbay@teenchallenge.tc



Thunder Bay Women's Centre: Hope House
107 Johnson Avenue
Thunder Bay, ON P7B 2V9
DIRECTOR: Jennifer Ahuja
thunderbay@teenchallenge.tc



Denare Beach Men's Centre: Freedom Outreach
PO Box 271
Denare Beach, SK S0P 0B0
DIRECTOR: Allen Lagore
freedom.outreach@sasktel.net

IF YOU OR SOMEONE YOU KNOW
NEEDS HELP, PLEASE CALL ...

Brandon, MB Area
204.729.0870

Winnipeg, MB Area
204.949.9484

Thunder Bay, ON Area
807.252.6909

Denare Beach, SK Area
306.362.2117

TEEN CHALLENGE QUÉBEC



Défi-Jeunesse Québec
878 rang Saint-François, Lotbinière, Québec G0S 1S0
DIRECTOR: Ron Lussier, info@defijeunesse.org

IF YOU OR SOMEONE YOU KNOW NEEDS HELP, PLEASE CALL ...

Province of Québec - 1.888.796.2137

(Centres indicated are 12-month core program facilities)

2019 TEEN CHALLENGE CANADA ANNUAL REPORT



**“HELPING MEN AND WOMEN OVERCOME
SUBSTANCE ADDICTIONS TO LEAD FULL AND
PRODUCTIVE LIVES.”**

EVERY DAY

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Lambeth Box 777
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